

## Ten Years Strong

by Diane Ake

In May 2003, in announcing her appointment as the Executive Director of the Gerson Institute, Anita Wilson said, "One wiser than me said, 'We make our living by what we get – we make our lives by what we give.' The Gerson work certainly brings those two concepts together for me." Ten years have passed since then, and what a difference ten years has made!

For those of you who don't know Anita, she did volunteer work in Guatemala, Africa and Hawaii after graduating high school. Her first job was as a Special Education teacher. After that she worked in the community mental health movement in a large city, then spent six years in management of a children's residential treatment program. She became the director of the Gerson clinic in Sedona, Arizona in 1997. When that clinic closed, she became the founding director of a charter high school on a Navajo reservation. A few years later, Anita rejoined the Gerson family, this



Anita Wilson, Executive Director

time as Executive Director of the Gerson Institute.

Anita's priority has always been service to all those seeking the assistance of the Gerson Institute. Under Anita's leadership over the past ten years, the following new programs and services have come to fruition:

- The Gerson Basics Workshop

three times a year, serving 270 participants a year

- The Gerson Basics Live Stream three times a year, with over 800 participants a year
- The Charlotte Gerson Health Restoration Center and its health and training programs
- The Home Set-Up Trainer Certification Program
- Monthly Gerson intensive cooking and juicing classes
- An upgraded practitioner training program
- A telephone Coaching Service
- A seven-member Education Department answering 300 calls a day and 500 emails a week
- A Gerson kitchen with two chefs that provides a wide variety of training opportunities
- A volunteer program with over

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## There's Always a Chance: Grigore Burcus' Cancer Experience

by Daniel Sanchez

"I always start by saying that I had an opportunity for a new life. At times, I was hopeless, but I felt obliged to continue striving with my best effort. However, one must strive properly and find the path that is right," said Grigore Burcus. A native of Romania and graduate of the Military School for Officers in his native land, Burcus started using the Gerson Therapy in mid-2007 and attended the Gerson clinic in Mexico to treat metastasized malignant melanoma.

In 2000, Grigore noticed a small brown dot on his back near his spine.

By 2004, it had started to grow and "split like a mushroom," and "bothered him underneath his clothes." He saw an oncology surgeon in 2004 in Romania. Surgery was recommended, but he opted against it. He decided to seek out an alternative. A few months later it was confirmed by a dermatologist that the growth on Grigore's back was malignant melanoma.

He had had other health issues, as well. In April of 1995, he had an acute myocardial infarction and was

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# Ten Years Strong...

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150 new volunteers each year

- A free e-bulletin that goes out to 60,000 subscribers every month
- A Patient Follow-up Program that contacts patients from the Gerson clinic for 5 years, to check on their progress.
- An online store full of educational materials about the Gerson Therapy
- Licensing of the Gerson Health Centre in Hungary

Anita has also developed deep connections with a wide variety of people, from real estate agents to recovered patients, volunteers, businesses and community organizations. All of them have strong admiration for her work. Many commented on the traits she possesses that enabled her to build the programs and services that allow the Gerson Institute to serve so many more people throughout the world.

## Charlotte Gerson

"I first met Anita when the Gerson Institute started a clinic in Sedona, Arizona. Anita was incredibly fast and

intelligent, and together with Howard Straus, was able in a matter of six weeks to transform a bunch of empty rooms into a functioning Gerson clinic. She has a knack for performing miracles and did so almost every day to help the clinic grow." As Executive Director of the Gerson Institute, "she is highly productive, and has originated a number of new programs and training sessions for patient helpers and also for doctors, chiropractors and nurses to administer the Gerson Therapy all over the world. With her wonderful kindness and wry humor, she attracts the right people and has been able to hire enthusiastic talented helpers with a myriad of skills. It is impossible to imagine the organization without her."

**Beata Bishop, (founder of the Gerson Health Centre in Hungary, recovered patient, co-author of *Healing the Gerson Way* and author of *A Time to Heal*)**

"What I most admire in Anita is the seamless way in which she combines two very different qualities in her

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# There's Always a Chance...

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also diagnosed with hepatitis B and Gilbert syndrome. His daily life had become more physically uncomfortable and was exacerbated by painful hemorrhoids.

In July of 2004, Grigore had the malignant melanoma on his back surgically removed, which was followed by a long period of recovery. In 2006, he also had a melanoma surgically removed from his groin. Things worsened for him in 2007, when doctors found another melanoma on his left thigh. A PET scan showed metastasis to his lungs, as well. "This, for me, after such a bitter fight with the illness, was like an explosion, making me believe that I'd lost everything," said Grigore. The left thigh growth was surgically removed. Grigore struggled emotionally, and his hope diminished. However, he found

motivation through family and religious faith. "Something was keeping our spirits high. Even if we lost some ground due to the illnesses, we knew we would find a way to continue."

In May of 2007, Grigore consulted with doctors from two oncology clinics in Italy, who told him that his illness had advanced and had started to affect his organs. Upon returning to Romania, he underwent chemotherapy.

A friend told Grigore about a physician named Dr. Lungulescu, who had taken the Gerson Practitioner Training in San Diego. Grigore contacted Dr. Lungulescu by phone. The doctor gave him some advice and told him to read Dr. Max Gerson's book *A Cancer Therapy: Results of Fifty Cases* and Beata Bishop's memoir

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Gerson®

# HEALING news

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## Publication Schedule

The Gerson Healing Newsletter is published bi-monthly by the Gerson Institute. It is intended to keep our members informed of health issues surrounding the Gerson Therapy, including political developments, case histories, clinical notes and recent literature having a bearing on nutrition and health. Members receive the Gerson Healing Newsletter six times a year.

You can become a member of the Gerson Institute simply by making a tax-deductible contribution of U.S. \$45 or more (international memberships U.S. \$55) to The Gerson Institute.

# There's Always a Chance...

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*A Time for Healing.* Grigore began to adjust his diet according to the recommendations in Dr. Gerson's book. Doing what he could without all the proper equipment, Grigore said he started to feel "surprisingly good following this treatment" after just a few weeks.

Grigore contacted Dr. Lungulescu again for more coaching and a summary consultation. Dr. Lungulescu provided further instruction and supplements, and told him to contact the Gerson Institute in San Diego, California. At that time, Grigore was able to consume 6-8 juices and take 2-3 enemas a day.

Grigore sent in his application for the Gerson Clinic in Mexico. Grigore was in contact with the Gerson Institute's Education Team throughout the application process, and said, "I was very impressed by their staff." Friends helped him raise

the funds in order to attend the clinic.

In October of 2007, Grigore spent two weeks at the clinic. "The entire staff from the clinic was extremely friendly and helpful, making sure that all the patients receive the highest standard of treatment, with a very tasty diet and juices served at the right time. I am very thankful to them and I will never forget them," said Grigore. He also said, "I still remember Miss Charlotte Gerson's visits every Wednesday, her advice, and the confidence she inspired in me."

Grigore put forth much effort to do the Therapy. "I showed my Gerson doctor [from the clinic] all that I did, all my challenges, and I asked him to help me [fulfill] the complete treatment process." Upon returning home, gathering all the necessary supplies took some creativity and ingenuity on his part. "Because it was fall, it was necessary to gather all the vegetables and fruit until the next harvest... I also had to prepare about 80-100 liters of tomato sauce,

because nobody here grows organic tomatoes during the winter. Think about all the effort involved in gathering these quantities." He also had support from hired help, who assisted in preparing the food for each day. But it was hard to keep the help. "After they got trained and knew what needed to be done, they all quit. The longest one lasted 7-8 months. When they saw the amount of work and the difficulty of it, they wondered how we were able to do it."

To help with the process, Grigore said, "I had a daily schedule well set. I found it best to prepare everything needed daily on the day before, including the supplements, so that I only had to make the juices fresh that day." He also had to buy two refrigerators just for the washed vegetables and fruit. His utility bills increased, and his financial resources were limited.

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## Introducing Harrison Reid, Gerson Inventory/Internal Control Specialist

*Harrison began working with the Gerson Institute in September 2012. He has been a tremendous asset to our team and we are thrilled to have him.*

### **How did you first hear about the Gerson Institute and when?**

I first heard about the Gerson Institute after watching *The Beautiful Truth* documentary over three years ago. The information and message of the movie instantly resonated with me, and I began to spread the word.

### **What is your general background: Education, previous jobs, skills, interests?**

I studied Liberal Arts at Seton Hill University in Pennsylvania. Working as a personal trainer and nutritional consultant in Los Angeles expanded my passion for nutrition and wellness to what it is today. My managerial experience has given me the opportunity to apply my skills in every way that I can here at the Gerson Institute. I love working out, staying healthy and being active. Whether I'm hiking, going to the beach or just having fun, I enjoy being outside and soaking up the sun. Family, creativity, art, and music are some other interests of mine as well.



Harrison Reid

### **Why did you want to work at the Gerson Institute?**

I love helping people in any way that I can. To be able to enlighten people all around the world that they truly can heal themselves naturally and nutritionally is very rewarding. After showing my mother *The Beautiful Truth*, I realized the Gerson Institute was right here in San Diego! Soon afterwards, I started volunteering once a month, which eventually evolved into getting hired.

### **What kind of work do you do at the Gerson Institute?**

I began working as the Information Specialist to answer incoming calls, emails and walk-in traffic. I recently got promoted to the Inventory/Internal Control Specialist and will also be working part-time as an Education Specialist to handle clinic application requests, as well as calls and emails.

### **What have you enjoyed about working here so far?**

Beyond being able to help people, there are many other

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# Gerson Persons Raise Funds for 6-Year Old Patient

by Amanda Onken

In December of last year, I received an email from the father of a young patient asking if we'd like to participate in running a 5k race to raise money for his son, Sy, to be able to continue the Gerson Therapy. I couldn't help but jump at the opportunity to meet this little boy! I thought "I love Gerson, I love running, how can I help?!" I got permission from our wonderful executive director to fly to Clermont, Florida for Sy's Snowflake 5K on January 26th, 2013.

Silas (Sy) Harger is a six-year old with eosinophilic esophagitis, an illness that can cause severe allergic reactions and swelling of the esophagus that make it nearly impossible for him to eat. He's been doing the Gerson Therapy for the last year and his results are coming back better than ever. Now he is actually able to eat some foods without any reactions and loves the Gerson diet.

When I decided to run the race, I also wanted to bring a donation to the Harger family to help them get supplies for the Gerson Therapy. I created a page on a fundraising website called GoFundMe.com. I started with a small



Silas Harger and Amanda Onken

goal of \$300, but when I put the word out there to all the Gerson persons in the world, I couldn't believe what an amazing response my page got. I ended up raising a grand total of \$10,170 for Sy!

I was one of 400 enthusiastic runners that came out for the day of the race in Clermont, Florida. The Gerson Institute had a booth to share information about the Therapy. Many interested people stopped by the booth to ask us questions, and others just stopped by to tell us how much they supported us and to thank us for being there. The run was beautiful, flat and fast, and went along Lake Minneola in Waterfront Park. At the finish line, everyone was awarded

a snowflake medal and a high-five from Sy. The Harger family raised \$28,000 in total for Sy to continue the Gerson Therapy. Amazing! I was so grateful for the opportunity to step out of the office and meet a patient who is thriving and doing well.

This experience made me realize that people are truly good, and that the gift of health is a very special gift to give. There are many Gerson patients out there who do the hard work of juicing and cooking. They are determined to heal. Some have help and the means to do the Therapy for two years, but some have a hard time keeping up with the expenses. It's important as supporters of Gerson that we help each other, and do what we can to see others get well.

If you would like to help another special Gerson patient, I encourage you to read about and donate to Jonathan Hernandez with metastatic osteosarcoma. You can learn more about him and ways to help him on his fundraising website: <http://www.gofundme.com/21ckbs>.



## There's Always a Chance...

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Grigore's efforts were awarded in January of 2008, after three months of intensive treatment: "The Gilbert syndrome from the liver was gone and the pulmonary metastasis did not evolve anymore. This was very encouraging." Not long after that, his warts disappeared. He continued the Therapy for the next five years and coordinated with his doctor in Mexico. He started out using the exact diet from the clinic and castor oil treatments every two days. After a few months, he was on the full therapy of 13 juices and 5 coffee enemas a day. A year later, he was down to 8 juices and 3 coffee enemas per day, and one castor oil treatment per week. The second year, he had 7 juices a day, 3 enemas, organic yogurt, and freshwater fish twice a

week. In May of 2011, he had abdominal ultrasounds and a chest x-ray at the Oncological Institute in Romania which showed that there was "no evidence of pulmonary lesions."

Grigore's quality of life had improved greatly on his journey.

"The pulmonary metastasis disappeared, so did the problems created by the malignant melanoma. The Gilbert syndrome, the wart below the knee and the one from my ear disappeared. The skin itchiness is gone. The hemorrhoids reduced a lot and I have no more pain or lesions. I don't need liver medication anymore... and I have reduced a lot of the medication for my heart after the infarction and the ischemic heart disease... Even my hair got stronger and darker. My appetite increased and I feel stronger. I reason better and am

more decided and dynamic in all that I'm doing."

After his success, Grigore offered the following advice for others who might need help with the Gerson Therapy: "I have the experience of other natural treatments that didn't do any good for me. People should not think that eating only vegetables and fruit is good enough to get better. They need to know what vegetables, fruit, and how to properly eat them in order to benefit from Dr. Max Gerson's treatment."

In conclusion, Grigore said, "I recommend this treatment with all my heart to all patients, even to those that think they have no chance. Trust life. Try it at least and you'll see the great results."



# The Charlotte Gerson Legacy Orchard is Growing

by Diane Ake, editor

Last year, in celebration of Charlotte's 90th birthday, we planted the Charlotte Gerson Legacy Orchard down at Wild Willow Farm. This orchard of fruit trees is more than just a way of helping increase the amount of local organic produce. It is a symbol of Charlotte's life and work, and the reality that social change is brought about by determined people who keep educating and spreading the word and never give up.

This year, volunteers finished constructing



the entryway to the orchard, designed by local architect and sustainable housing advocate, Candace Vanderhoff. As volunteers completed the entryway, we saw the first spring blossoms on the orchard's growing saplings.

Gerson is also blossoming, just like the trees in Charlotte's orchard, as more people come to realize the value of a holistic approach to healing. Thanks to Charlotte's determination, the Gerson Institute is still here, ready to blossom in this new spring.



## Thank You, From Charlotte

I am overwhelmed by the love and attention I have received for my birthday. There were more than 500 birthday wishes on Facebook and 6,000 friends who "liked" my photo and birthday greeting. Hundreds

of emails came, too, and many birthday cards. I would love to be able to thank each and every one of you, but of course that is impossible. So I take this occasion to tell you how moved and happy I am that so many of you have

received benefit from my work and hold me in such affection.

Thank you,  
From Charlotte



## Charlotte's 91st Birthday Luncheon

by Mika Payden-Travers

We enjoyed seeing many of you at Charlotte's big 90th celebration last year, but we decided to do something a little smaller this year for her 91st. So we were excited earlier this year when Mr. Ueno of the How Company, a long-time sponsor of the Institute, contacted us saying that he and a group were interested in traveling from Japan in March to visit the Institute – and, of course, Charlotte. This year, we celebrated Charlotte's 91st birthday with 29 guests from Japan.

Thanks to translation provided by Mr. Ueno's talented children and friends, we gave our guests a tour of the building, let them know about our upcoming projects and even told them exactly what was on the Gerson lunch menu. We learned that translating "lentils," "hummus" and "Baba Ganoush" into Japanese isn't easy! Our guests gave Charlotte and the Institute some beautiful handcrafted wind chimes and scarves from Japan. In return, we gave our guests a unique present as well -- a thank you video from Charlotte translated into Japanese by our long-time volunteer Masato.



Charlotte Gerson and Mr. Ueno

For many years now, the How Company has donated to the Gerson Institute. This sponsorship has allowed Gerson to continue guiding thousands of people worldwide on their healing journeys. In recent years, the sponsorship has helped us invest in improving the design and information available on

our website and in spreading the word through social media. Thanks to their support, we have greatly expanded our reach:

- 59,000 people receive our eBulletin.
- We have nearly 60,000 fans on Facebook.
- 4,500 people visit our website every day.
- Just this year, we made our Gerson Basics Workshop available online for people unable to travel to San Diego.

The experience showed us that we have support from all over the globe, and that language isn't a barrier to friendship. But the best part was seeing the joy and love that Charlotte inspired in our guests. Charlotte, with her determination and no-excuses attitude towards taking responsibility for one's own health, continues to inspire people across the world. Happy 91st birthday Charlotte!



# Introducing Harrison Reid...

*continued from page 3*

things that I enjoy about working here. The supervisors and all of the employees make working here very comforting. Everyone is very respectful of one another. Just being able to say I am part of something as big and special as

the Gerson Institute is great. Experiencing a portion of the Gerson Therapy with all of the juices and daily organic buffet-style lunches at the office on a daily basis is more than amazing. All the other perks that come along with being a Gerson employee make working here ever so enjoyable.



## Meet Bob Lichtenberger, Gerson Institute Board Member

I met Carol Beard, President of the Board of Directors, while I was the produce manager at a natural food market in Temecula, California. She was shopping for certain organic fruits and vegetables for an alternative therapy she was on. Carol was outgoing and willing to share her knowledge about the Gerson Therapy and she sparked my interest. I read Dr. Gerson's book that she gave to me and I became hooked on Gerson.

Since becoming a board member for the Gerson Institute, I think of myself as a street evangelist for Gerson. While conducting my business as an organic produce distributor, I meet many people who have health issues or know someone

who does. I tell them about the Gerson Therapy, refer them to the Institute's website, loan them books and DVDs, or put them in contact with someone at the Gerson Institute.

What is most satisfying to me about being a board member is learning the many functions of a non-profit organization. Working with people from diversified backgrounds has been an educational experience in itself.

I started working in the produce business while in high school in 1967 at an open-air market. While in college, I was drafted into the army in 1971. After a 12-month tour in Vietnam, I was home and back in the produce business. I have worked as a produce manager, produce buyer, and now own



Bob Lichtenberger

an organic produce company going on 43 years.

My hobbies include surfing, sailing, kayaking, and almost all water sports.



## Ask the Doctor

by Dr. Kayla Smith



Kayla Smith, N.D.

**What is the rationale for withholding protein on the Gerson diet? What is the proper time to introduce additional protein?**

There are two main reasons Dr. Gerson restricted protein during the first 6-8 weeks on the Therapy.

First of all, animal protein is very burdensome to the digestive system of severely-ill

people. Incomplete digestion of protein can lead to circulating immune complexes in the blood, which can cause allergic and immune system reactions. Excess protein can produce large amounts of nitrogenous waste in the intestine, some of which can be converted to the highly carcinogenic compounds, nitrosamines and ammonium salts. An overabundance of protein also causes a build-up of metabolic acids in the body, which can interfere with healing and cause calcium to leach from the bones.

Secondly, protein restriction activates the immune system, which is an important goal of the Therapy, especially

during the first 6-8 weeks when the metabolism and detoxification mechanisms are being stimulated.

There is sufficient protein in the Gerson diet to maintain tissue integrity and rebuild and regenerate. However, intake of allowable foods must be ample. For instance, in addition to the juices, a full bowl of oatmeal at breakfast and a baked potato at both lunch and dinner is necessary, as well as the Hippocrates soup and cooked vegetables.

After six to eight weeks, a cultured, organic, fat-free, salt-free, plain yogurt may be added, beginning with small amounts and increasing to 1-2 cups a day if well tolerated. Besides the protein content, this helps to balance the strongly alkaline diet. Those who are sensitive to dairy can utilize bee pollen or spirulina.

Each case needs to be evaluated on its own merit. If the individual is too weak or their serum (blood) protein levels are too low, protein sources may need to be introduced sooner. After 6 months, if the individual is doing well, lentils may be introduced once every two weeks. Always watch closely when a new food is introduced to notice if there are adverse reactions. It is best to consult with a holistic nutritionist or the Gerson Institute if there are obvious concerns about protein status.



# Ten Years Strong...

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character: cool, steely, no-nonsense strength, and great warmth and sensitivity. The first quality worked wonders when she took over the running of the Institute ten years ago, at a time of chaos and confusion, and sorted things out remarkably fast. The second quality, genuine caring and openness to the needs of others, spiced with a great sense of humor, permeates her daily life."

## **Carol Beard, President of the Board of Directors**

"Anita has a truckload of brilliant ideas. One after the other, she continues to come up with extraordinary ways to promote the Gerson Therapy and the mission of the Gerson Institute."

## **Kristie Kissinger**

"I have been fortunate to work with Anita Wilson as the Gerson Institute's commercial Realtor. She quickly became a friend and an inspiration to me. Not only is Anita a tenacious businesswoman, but she is also one of the most compassionate people that I have ever come across. I have great admiration for her dedication and enthusiasm for promoting healing. Gerson is a truly spectacular organization and I know that Anita has had a profound effect as Executive Director."

## **Richard Boger, Norwalk Juicer Distributor**

"When Anita came to San Diego, I knew it was a perfect fit and that Gerson had found the most ideal director possible. Since then Anita has dedicated her life to helping others through the Gerson Institute. Anita has a deep love and respect for Charlotte Gerson and her work. She possesses a magnanimous heart and an unlimited imagination. She holds a high vision for the Gerson Institute and Therapy to achieve great things, and she brings out the greatness in those who are blessed to know her. Anita is a powerful manifestor. If she needs something or has a vision for something, she draws it to her in the most magical and wonderful of ways."

## **Faye Joseph, recovered patient and author of *Silent Enemy***

"I embarked on the Therapy in 1985, at the La Gloria Hospital in Mexico. At the time, I feared the Therapy was destined to remain virtually unknown, its healing power available only to those who were fortunate enough to have learned about it through the experience of a friend. Since then, I have watched it grow and spread-especially these past ten years-into the vibrant organization it has become, which I could not have imagined all those years ago."

## **Rachel Hiner, Gerson Institute Board member**

"When I met Anita I could tell she was a genuinely selfless person, a rare creature to find. There is no doubt in my mind about her intentions as the director of the Gerson Institute; she is in it for the cause 100%. She has the ability to make anyone she is around feel special - I don't know how she does it!"

## **Malissa Stawicki, founder of [spoonlive.org](http://spoonlive.org)**

"I reached out to the Gerson Institute with an idea four years ago and Anita Wilson embraced it and me with open and loving arms. So, I attended the Gerson Caregiver Workshop in exchange for filming some patient testimonials and shared them with the world on YouTube. Wow, what life changing encounters and experience that was! I know she inspires others in the same nurturing way, as she truly cares about people and constantly encourages greatness. I believe that the great success and growth the Gerson Institute has experienced in the past 10 years stems from Anita's ability to connect with others and tap into their passions and talents in a spiritual way I can't explain."

## **Blanca Ayala, Coaching and Training Specialist (has worked for the Gerson Institute for 18 years)**

"The Gerson Institute has grown and advanced so much, thanks to the great leadership of Anita Wilson. Those of us who know her can see what a dynamic and driven woman she is. Anita is strong, courageous, compassionate, honest and daring. It is no surprise that such kind of person is loved by many, including me."

## **Harrison Reid, Inventory/Internal Controls Specialist (our newest employee)**

"Anita Wilson is hands down one of the most unique, extraordinary and kind women I have ever met. Since my first day of work here at the Gerson Institute, she has embraced me as if she had known me forever. Her outstanding accomplishments would be too long to even begin to list. She has a way with words like no other. It has been an absolute honor to work under the same roof as Anita Wilson."

## **Dione Curtin, bookkeeper for the Gerson Institute for 30 years**

"I first became acquainted with Anita in 2003 while working for the Institute as the bookkeeper. During the past ten years, it has been exciting to see how the Institute has grown due to her enthusiasm, passion and devotion. I have always appreciated her honesty and admired her amazing attention to all the details in administration, finance and personal interaction. She has a genuinely caring spirit, which has permeated the Institute and brought together a staff that works cohesively to achieve the goal of increasing public awareness of the Gerson Therapy and its healing benefits."

## **Dr. Melanie Nagy, Managing and Medical Director of the Gerson Health Centre**

"I have known Anita for 10 years, and from the first moment we met, I felt she was a treasure for the Gerson Institute and for all of us. A very good manager with clever ideas and good organizer skills on one side, and a lovely woman, with a huge, positive and creative energy charge, warm personality and a great sense of humor on the other side. Truly devoted to the Gerson Therapy, she has played a very important role in encouraging and supporting us in founding the Health Centre in Hungary, and we feel supported by her since she is always next to us. Thank you, Anita."



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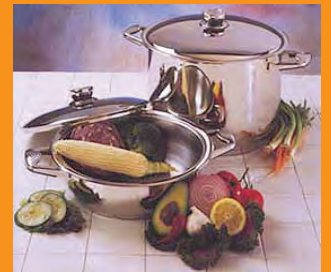
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Date & Time	Event	Location	Speaker	Contact Information
May 6 - 19 June 3 - 16 July 1 - 14	Sept 9 - 22 Oct 7 - 20 Nov 18 - Dec 1 Two-week therapy sessions at the Gerson Health Centre, Hungary	Dobogoko, Hungary (outside Budapest)	Gerson Therapy physicians and staff	See <a href="http://www.gersontherapy.eu">www.gersontherapy.eu</a> for more information on the centre, and email <a href="mailto:info@gerson.hu">info@gerson.hu</a> for information regarding admission cost, and other arrangements. Their English translated page <a href="http://www.gerson.hu">www.gerson.hu</a> is in Hungarian.
May 19 - 23	Licensed Health Care Practitioner's Training, Module I	San Diego, CA	Kayla Smith, ND and other Gerson experts	To apply, go to <a href="http://gerson.org/programs/professionals.htm">gerson.org/programs/professionals.htm</a>
May 4 June 1	Gerson Cooking and Juicing Intensive Class	San Diego, CA	Anna Maria Aliano, Eric Freeman, Carol Beard	To apply, go to <a href="http://gerson.org/gerpress/gerson-cooking-class-registration/">http://gerson.org/gerpress/gerson-cooking-class-registration/</a> or contact Anna Maria Aliano at <a href="mailto:aaliano@gerson.org">aaliano@gerson.org</a> or (888) 443-7766
June 27 - 29, 2013 October 18 - 20, 2013	Gerson Basics Workshop – Now available in Live Stream	San Diego, CA	Dr. Kayla Smith, ND; Carol Beard; Silvana Procopio	To apply, go to <a href="http://gerson.org/programs/caregiver_training.htm">gerson.org/programs/caregiver_training.htm</a> , and contact Barb Conde at the GI for further questions and cost: (888) 443-7766 or (619) 685-5353, or email: <a href="mailto:bconde@gerson.org">bconde@gerson.org</a>
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