



ESSENTIAL BIMONTHLY HEALTH NEWS FOR GERSON THERAPY PATIENTS AND HEALTH CONSCIOUS INDIVIDUALS — FROM THE GERSON INSTITUTE

Stephanie-

The Amazing Story Continues

by Charlotte Gerson

In our September/October 2002 *Healing Newsletter*, we first published the story of 12-year-old Stephanie. She started the Gerson Therapy after a terrible four years. At the age of six, she was first diagnosed with an aggressive childhood kidney cancer, "Wilm's Tumor." She then suffered through 11 surgeries, three full courses of chemotherapy, the last one with a bone marrow transplant, innumerable radiation treatments — as many as the doctors dared to give her — all without a cure. Tumors kept recurring in her liver, lungs, and abdomen, no matter what huge amounts of chemo and radiation were meted out.

In February 2002, the doctors told her parents that there was nothing further they could do, and that Stephanie was dying.

In deplorable condition, she was brought to the Gerson Therapy hospital in Mexico. Frankly, with the enormous amount of chemo and the incredible damage to her body, I didn't believe that even

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The Gerson Miracle

Documentary Wins "Best Film" Award

by Howard Straus

In the last issue (May/June, '04) of the *Healing Newsletter*, we reported on the selection of *The Gerson Miracle*, Stephen Kroschel's incredible feature-length documentary on the Gerson Therapy, to be screened at the Beverly Hills Film Festival.

The film was only completed two weeks after the submission deadline, yet the Festival directors deemed it important enough to make an exception and admit it. The unfortunate side effect of this was that all the prime screening slots were already spo-

ken for by the time the movie was selected, resulting in a show time of 10:00am on the Saturday of Mother's Day weekend, May 8, not a time when many people would be looking to go to a theater, especially in sunny and beautiful Beverly Hills.

Nonetheless,

Charlotte and all those involved in the Institute and the Therapy, including your Editor, were thrilled to have been selected so quickly after the production of the

film had been completed. We invited everyone we could contact, and several people actually showed up.

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Charlotte Gerson holds "Golden Palm" award after BHFF Awards Dinner, Howard Straus looks on

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Miracle ...

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It was incredibly affirming to see the Gerson Therapy story displayed on a public theater screen, even though the crowd only numbered around 40, and of the people who came to see the film, the uniform reaction was awe and inspiration to do better with their health. This is exactly the message Kroschel was aiming for, and he succeeded beyond his (and our) wildest dreams.

After the film, in conversations with some of the staff, we understood that there was considerable "buzz" about *The Gerson Miracle*, as the judges were very impressed with it.

On Sunday evening, the Beverly Hills Film Festival held their awards dinner, which, of course, we attended. There was all the glitz, if not all the press and television, that one might have expected at the Beverly Hills Hotel, with many of Hollywood's elite studios sending representatives, starlets and actors, directors and producers, attorneys and studio heads present. The BHFF is apparently getting a reputation as the "Little Oscars" in the industry.

There was the requisite celebratory (non-Gerson) dinner, then the enter-

tainment began. We were all waiting with bated breath for the awards, of course. Since we had understood that there was probably an award in the offing, we were naturally very disappointed when "Best Documentary" came and went, as did "Best Director," "Best Editing" and "Best Script." Finally, there was only one prize left to be given. By this time, your Editor was resigned to waiting for the next festival, and had to be consoled by reminding himself that it was a signal honor just to be there. The presenters came to the podium, and after some complimentary comments on the winner of the Golden Palm, they announced, "*The Gerson Miracle*."

Well, talk about a Miracle! Your Editor was struggling to get up, put his tuxedo jacket back on so he could escort Charlotte to the podium for the acceptance speech, and Charlotte was halfway up there already! We had to race to catch up, so we could offer our gallant arm for her climb to the podium.

Those of you who have heard Charlotte speak know what kind of a rousing speech she gives, and this was a very, very special occasion. Her gracious and powerful acceptance speech honored Dr. Gerson, Steve Kroschel, the staff and supporters of the Institute, and the patients, of course. She got a standing ovation from the crowd, an event many of us have witnessed before.

Since the awards dinner and the article about *The Gerson Miracle* in the last *Healing Newsletter*, DVDs and

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VHSs have been flying out of the Institute's shipping department almost as fast as we can ship them. People are purchasing not one, but two, five, even ten at a time to give or show to their friends. An interview with your Editor on *The Power Hour*, Joyce Riley's nationally syndicated radio show, resulted in the sales of many books and DVDs, and would have sold more had the telephone lines not been jammed with interested buyers from around the country and around the world. We look forward with great anticipation to the international distribution and television showings of this landmark video! So far, the response has been gratifying and overwhelming.

If you have not yet ordered your copy of *The Gerson Miracle* from the Institute, you should do so immediately, and see what all the excitement is about.

Give a gift of Healing in 2004. A gift membership to the Gerson Healing Newsletter will bring healthy news all year long.

GERSON®

HEALING NEWSLETTER

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Howard D. Straus, Editor

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Publication Schedule

The Gerson Healing Newsletter is published bi-monthly by the Gerson Institute. It is our membership organ, and is intended to keep our members informed of health issues surrounding the Gerson Therapy, including political developments, case histories, clinical notes and recent literature having a bearing on nutrition and health.

Members receive the Gerson Healing Newsletter six times a year. You can become a member of the Gerson Institute simply by making a tax-deductible contribution of \$30.00 or more (foreign memberships \$35.00) to The Gerson Institute.

WE WELCOME MIKE CASEBIER AND DAVE THOMAS

What an amazing two months! Beverly Hills, Big Bear, a personal visit from our hero, Stephanie, new employees and worldwide support and interest in Gerson unlike anything seen before.

I would like to introduce our new, full-time Director of Administrative Services, Mike Casebier. He joined us May 3rd and has made an immediate impact on our lives. He brings a high level of technological knowledge and has been vital in all aspects of our operation already. He has a very successful background in institutional

construction project development and management – skills which we need as we envision our long term plans and goals. He has a proven track record in grants writing, creative program development, organizational enhancement, and personnel management.

We also have enriched the lives of our employees through the addition of Dave Thomas, our half-time Gerson Chef. Daily he provides fresh green juices and carrot/apple juices and prepares delicious, well presented, Gerson

lunches. What better health insurance group plan could you have?! Dave, with only six hours' advance notice, prepared an evening meal for 25 guests – the verbal praise, applause and the amount of tips said it all.

Welcome Mike and David and thanks for all you bring to our team.

Be Healthy and Happy!

Anita



New design for the VHS cover of The Gerson Miracle, by Jamison Reisbeck, Shipping and Receiving

Stephanie and her sister Anna visited the Institute in June. Beverly Hills Film Festival Golden Palm award in foreground (see story, p. 1)

Our Mission

The Gerson Institute is a non-profit organization dedicated to the healing and prevention of chronic and degenerative diseases based on the vision, philosophy and successful work of Dr. Max Gerson

Our Vision

Giving an effective option for enhanced quality of life in harmony with nature, for ourselves and future generations.



Charlotte Gerson presents check to Jamison Reisbeck for design of the new Gerson Miracle packaging artwork

Why the Gerson Therapy Heals

reported by Charlotte Gerson

On the occasion of the 10th anniversary of healthy survival of Multiple Myeloma by Professor Michael Gearin-Tosh, senior fellow in English of Oxford University, we again report on his book *Living Proof—A Medical Mutiny* (See *Gerson Healing Newsletter* Vol. 18, No. 2, March/April 2003). After much searching, thoroughly and amusingly recorded in his book, Prof. Gearin-Tosh settled on the Gerson Therapy plus some additional healing methods, such as meditation, acupuncture, Chinese breathing exercises, etc. At the time of Michael's diagnosis, he was given the usual prognosis: without any treatment, he might have 6-9 months survival; with 'appropriate' chemotherapy, he would have 1-2 years.

A most interesting addition in his book is a report by Dr. Carmen Wheatley. With her kind permission, we report on her findings, specifically as pertain to Gerson Therapy foods. Dr. Wheatley was impressed with the fact that Dr. Gerson, apparently intuitively, selected most of the foods in his Therapy that have now, some 50 years later, been shown to have anti-cancer properties. She was very much interested in Michael's treatment and studied all facets of Multiple Myeloma. When Michael continued to do well, she was much impressed. I quote freely from her text, as published in *Living Proof—A Medical Mutiny*, by Professor Michael Gearin-Tosh (Scribner, 2002).

Dr. Wheatley describes the basics of the Gerson Therapy, vegetarian, low in protein, especially in the first two months, no animal products are allowed. No processed foods, and cooked foods are slowly cooked without water, to minimize nutrient loss. She also understands the importance of organically grown foods to 'minimize stress on the liver' by toxins. It is particularly interesting that Carmen notes that "[the] chemicals can be liver-toxic ... [which] Gerson seems to have intuited ... and experimented so that the diet tends to

avoid them ... the diet highlights a number of foods in which modern research has identified some key cancer-fighting components: linseed or flax-seed oil ... the Omega-3 components of the body's anti-inflammatory response, they oppose the bad eicosanoids which promote the lethal cascade of excess cytokine release in cancer ... Omega-3 fatty acids also appear to interfere with metastasis and promote apoptosis" [disintegration of cells or programmed cell death].

Gerson's list of fruits, besides being mineral-rich, are rich in bioflavonoids. "Black grapes, for instance, contain anthocyanins

*Dr. Gerson,
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which have been demonstrated to increase survival in tumor-implanted animals; apples contain flavonoids such as myricetin and quercetin, a star nutrient in the nutrition-against-cancer field." In addition, "Quercetin has the potential to revert a cancerous cell back to a normal healthy cell, called 'prodifferentiation.'" Dr. Patrick Quillin of Cancer Treatment Centers of America also refers to new studies that show quercetin "may be one of the most potent anticarcinogens in nature."

"...quercetin competes with estrogen for binding sites, thus defusing the damaging effects of estrogen in breast cancer." And further, "Quercetin also interferes with

metastasis by reducing cell aggregation or 'stickiness.'" And, Dr. Wheatley adds, this is just one component in Gerson's fruit list.

Dr. Wheatley continues: "When we look at Gerson's chosen vegetables, a similar picture of intuition, borne out by current scientific nutritional research, emerges. Highlighted Gerson vegetables are cauliflower and radishes, along with cabbage and broccoli, members of the cruciferous family, rich sources of isothiocyanates. These can modify carcinogen activation by altering the metabolism of nitrosamines." Garlic and other members of the allium group contain diallyl sulphide, a natural detoxifier.

"Gerson's fruit and vegetable diet could be subjected to exhaustive analysis in the light of modern nutritional oncology research." Carmen is much impressed and restates that "Gerson didn't have any of this scientific knowledge, yet, empirically devised a method which ensures that a large range of these products would be delivered to the cancer patient, intact and in pharmacologically active doses ... The juices, which are 'whole' juices in that the juicing method ensures virtually nothing is discarded, are also rich sources of vitamin E, carotenoids and retinoids for which an extensive literature and clinical work have demonstrated differentiating and apoptotic effects in cancer."

Salt is absolutely forbidden. "Modern research again suggests that, as Gerson believed, sodium can be a cancer promoter ... Conventional medical methods of treating cancer — chemotherapy, radiation — routinely wipe out an already depressed immune system and do little to restore it. Yet, as Gerson realized, it is the immune system which is needed to fight cancer, and therefore building it up should enhance chances of survival."

Dr. Wheatley discusses the advantages of all the Gerson Therapy supplements, and closes her description of the Therapy with "the last and most controversial part of the Gerson Therapy, the use of daily coffee enemas." While [coffee enemas are] described in the *Merck Manual* up to 1973, they are under investigation in Phase

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The Best Yet!

2004 Practitioners' Training Session Held at Big Bear Lake

by Howard Straus

The 2004 Practitioners' Training took place in Big Bear Lake, California, about two hours due east of Los Angeles in the San Bernardino mountains. Don Stillings, DC, a 2003 Practitioners' Training graduate, has put together a Gerson-oriented resort called the Whole Life Learning Center (www.wholelifelearningcenter.org). It is specifically focused on teaching, educating, healing and restoring, and Don, along with his whole lovely family and wonderful staff do all those in the context of the Gerson Therapy.

It almost seemed too good to be true: a Gerson Therapy resort within driving range of San Diego! But Anita Wilson had checked the place out before booking it, and all looked good.

25 licensed health practitioners from around the world arrived the day after the Beverly Hills Film Festival awards dinner, so Charlotte and your Editor, who had stayed up more than half the night partying with the film crowd, were a bit dragged out by the time they straggled into Big Bear Lake. We actually had to rearrange speaking schedules so that Charlotte and I could get some rest, so during the hiatus, the practitioners were treated to a showing of *The Gerson Miracle*, which inspired them for the entire session.

A word about the practitioners: there were representatives all the way from Korea to Hungary, and all points in between. Six acupuncturists from Ireland attended, as well as practitioners from England, the Czech Republic and several from the United States. Their reasons for being there varied as

widely as did their licenses, from MDs to herbalists, from acupuncturists to massage therapists. There were at least two martial arts experts, there were nurses and nutritionists, all dedicated to learning the Gerson Therapy and bringing it back to their home countries to help people, or even to apply to their own health problems.

It is hard to exaggerate the excellence of the food, the accommodations and the compliance with the Gerson Therapy. The rooms are in three-bedroom bungalows, with kitchen, dinette and living room, very comfortably appointed, almost like a home away from home. The dining arrangements are in a main dining area at the lodge, a few steps away from all the bungalows, and the food was always delicious and beautifully presented, as organic and tasty as we could possibly have asked. At the end of the training, Don and his staff got a spontaneous standing ovation from the assembled students.

That is not to say that the practitioners did not suffer, they did! For the first four days (Monday – Friday), the students were fed three delicious Gerson meals a day, with juices, salads and fruit, all they could eat. Little did they realize we were just “softening them up.” On Friday, some had already started to experience healing reactions. Friday they received a “full Therapy” day: 13 juices, potassium, Lugol's solution, three coffee enemas, and almost every single one of them went into a powerful healing reaction. This was intentional: it is important for practitioners to understand healing reactions

on a visceral level, to experience the variety the reactions can take and the power of the body when it really begins to heal. Without that, they cannot (a) empathize with their patients, (b) explain what is happening and how to relieve it properly, and (c) understand that four hours of crying, a violent headache or the feeling of having an icepick stab through your knee are all symptoms of the much-to-be-desired event. These practitioners, though they were eating the same food the staff was eating, went into some wonderful reactions, and saw each other's reactions, too. One practitioner actually healed up a separated rotator cuff (shoulder) to the point where the surgeon who was to operate on it upon her return from the training no longer saw a need for surgery! This after three years of virtual paralysis of her arm, and only one week of Gerson Therapy food.

We must mention the spectacular job that Anita Wilson, Gerson Institute Executive Director did locating and leasing the Whole Life Center for the week. The entire week was organized to run like clockwork by Carol Beard, President of the Gerson Institute Board of Directors, ably assisted by Bonnie Marsh, our wonderful patient prescriber. Beata Bishop, author of *A Time to Heal* came over from London to teach and present, Chuck Kohlhase, one of our spectacular recovered patients, and his wife Beverly drove from Phoenix to give their impressive testimony.

By the end of the training, the participants had fused into one cohesive group, almost like a combat platoon, which then went off to Mexico to visit Baja Nutri Care, and San Diego to see the Gerson Institute and meet the incredible patient services staff who had kept the Institute functioning despite half the staff being gone for a week.

Australian Distributor Named

by Charlotte Gerson

Now that our new documentary, *The Gerson Miracle*, is available in DVD disks, we have appointed Millennium Health Products, under the direction of Jeffrey Boot, as the exclusive distributor of the DVDs as well as the VHS tapes in Australia and New Zealand. The VHS tapes are presently not available in the PAL format, which is the common television format in Australia and New Zealand. The more up-to-date DVD players are able to play both PAL and the American NTSC format.

Millennium Health Products will also be the exclusive distributor in Australia and New Zealand for the nine booklets, titled *Healing Breast Cancer the Gerson Way; Healing Prostate Cancer the Gerson Way; Healing Ovarian and Female Organ Cancers the Gerson Way; Healing Melanoma the Gerson Way; Healing Lymphoma the Gerson Way; Healing Lung Cancer and Respiratory Diseases the Gerson Way; Healing Colon/Liver/Pancreas Cancer the Gerson Way; Healing Brain and Kidney Cancer the Gerson Way; and Healing 'Auto-Immune' Diseases the Gerson Way.*

We welcome Millennium Health Products and Mr. Boot to the Gerson family, and wish him great success in promoting and distributing the booklets and DVDs "down under."

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A Letter from Daniel and Pamela Edwards

I can look at how far my Dad (Gary Williams) has come since he has started the Gerson therapy and I will be eternally grateful for the second chance at life this program has given him. The worst day of my life was when the surgeon came unexpectedly out of the operating room to inform us that my Dad's liver was full of cancer. With a hopeless look in his eyes, he proceeded to tell us that the best he could do is sew him up and we *may* have a few more precious days with him. That is, if he were even able to wake up in ICU. That was January 9, 2004. We just celebrated his 66th birthday, which the MDs were sure he would never live to see. Obviously, God had other plans.

I thank God every day that our dear friend/health advisor Wayne Garland (former Gerson patient) insisted that we get my Dad to the clinic ASAP. If we didn't have that critical connection, my Dad would have been tossed aside and left to die in Hospice care, like so many others.

I call my Dad several times a day now, just because I love to hear his voice. I probably drive him crazy, but I cherish every moment we have. He is so precious to me.

I know I could go on and on, but I just wanted to share a fraction of our appreciation to the whole Gerson family. I can hardly wait until the new documentary comes out [*The Gerson Miracle is now available — Ed*]. It is SO POWERFUL. I will be sharing it with everyone who will listen.

Stephanie ...

the Gerson Therapy could help.

But after innumerable 'flare-ups,' diarrhea, vomiting, and fevers, she started to gain weight, feel better, be able to be up and around. The family moved into an area of fresh air and Renate, Stephanie's mother, with unending love and energy, continued the strict therapy for Stephanie with 15 juices daily, organic meals and cof-

fee enemies.

We were delighted when, in April of 2003, Stephanie visited the Gerson Therapy hospital for a consultation with our doctors. She was rosy-checked, running around and playing with her little sister, Anna, and delighting the patients with her story of recovery. Yet, in October of the same year, a renewed period of pain in her chest proved to be a new mass and she had a little more radiation which apparently cleared the problem.

At the beginning of June 2004, the family paid the doctors in Mexico another follow-up visit and that is when we got the exciting news: Dr. Melendez told me that the new X-rays of her lungs showed CLEAR; no new mass and more: the disappearance of the many surgery scars and radiation damage!

Stephanie appears in our new *Gerson Miracle* film, together with her parents, her little sister and her horse! Hers is a truly miraculous story of a courageous fight for a return to life and health via the Gerson Therapy. (picture, p. 3)

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Breast Cancer Cured at Home

by Charlotte Gerson

Joyce was born in July of 1952. She was never really healthy. Already as a child, she suffered from many allergies, always had a runny nose and a stuffed head. Later, she was never without a headache and was always taking aspirins. She had all the childhood diseases and, also as a child, had constant earaches.

After she was married, she was still taking aspirins, for her headaches. However, in time, with stressful work as a CPA, she worsened. She didn't take time to take care of herself.

Some two years before she was diagnosed with breast cancer, she was sick a lot with colds and flus. In the six months before the lump in her breast was discovered, she had two bouts of pneumonia. The second occurrence was really serious and it took her two months to get over it. "I was really sick", she remembers, "with weakness, severe tiredness and low energy."

In April of 2,000, Joyce discovered the lump in her breast by self-examination. She saw her doctor at the Kaiser Hospital in Fontana, California, who did a biopsy, followed by a lumpectomy. The diagnosis was: Intraductal Carcinoma, Stage 3.

Several years earlier, her husband had visited the Gerson clinic to gather information about the Therapy on behalf of a relative. He met Charlotte and several of the patients. He already had obtained a copy of Dr. Gerson's *A Cancer Therapy - Results of 50 Cases* starting him on the further investigation. Joyce had even started on the Gerson Therapy a week before her surgery.

The tumor measured about 6 cm, and the surgeon who removed it told Joyce that, as a result of the thorough excision, she might have an indentation in her breast, the size of a cup. Joyce continued the Gerson Therapy right after the surgery, and the indentation never happened. Her

breast recovered and is normal. Further, after the surgery, the doctor installed a drainage tube - but Joyce wanted it removed after three days. He warned her that this would necessitate draining the fluid that would accumulate without the tube. With the Therapy, nothing accumulated and she did not require that procedure.

Then the surgeon recommended both chemo and radiation. Joyce's husband checked the medical journals and learned that chemo was found to be effective in less than 5% of the cases studied. When he discussed this with one surgeon, this man said that it was true, but some people "want all the edge they can get." Of course, they realized that this was no edge

... the medical journals wrote that chemo was found to be effective in less than 5% of the cases

at all. Rejecting all treatment (chemo and radiation) Joyce says, "the surgeon even recommended a mastectomy if I wanted to be real safe - my surgeon later was genuinely surprised by my recovery. However, his curiosity as to what I had done extended no further than his conclusion that I drank a lot of carrot juice."

After the surgery, Joyce engaged seriously in the Gerson Therapy at home. The whole family assisted. She studied the books and videotapes and adhered to it. Her mother came for about six weeks and helped her husband to "get everything going." Her teenage son scrubbed the vegetables; it was a total family effort.

For the first three months, she felt "terribly tired, achy in all her joints, flu-like."

But, pretty soon, she felt better. Within about two months, her many allergies disappeared; she had no more headaches and no runny nose. The whole family tended to suffer with arthritis and Joyce's joints had started to show its symptoms prior to her diagnosis. The arthritis, too, disappeared in a few months. In time, she felt "really healthy," a feeling she had never experienced before.

Joyce stayed with the Therapy for two years, then went back to "semi-normal" food; however all her food is organic. Ever since she started with the Therapy, and her family joined in, they never have colds, the sniffles, flus. The whole family is healthy.

This case is particularly interesting since it clearly demonstrates how the body, starting with weakness and a poor immune system, in time deteriorates further, eventually with enough damage to cause cancer. Then, when healing begins, joints ache and all the body systems demonstrate the toxic state - which the Gerson Therapy is able to overcome.



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Breast Cancer May Be Linked to Antibiotics Use

by Charlotte Gerson

[The below article originally appeared in the London Sunday Times, Feb. 15, 2004. Charlotte comments on it at the end.]

Women who frequently use antibiotics such as penicillin may be increasing their risk of breast cancer by as much as 50% according to a study published in February.

The review of health records of more than 10,000 women, some as young as 19, found a clear link between the risk of cancer and both the number of times women were prescribed antibiotics and the length of each course of treatment.

Even taking antibiotics for relatively minor conditions such as acne seemed to increase the risk of later breast cancer. The researchers say this suggests the drugs themselves rather than any underlying infection may be affecting tumour growth.

Britain has one of the highest rates of breast cancer in the world. Women here have a one in 12 risk of developing the disease at some stage in their lives. If the new research is correct, this risk could increase to one in eight among high users of antibiotics.

It would mean antibiotics have a greater effect than the contraceptive pill or hormone replacement therapy in increasing the risk of breast cancer.

The study, the first to suggest a link between antibiotics and cancer, was led by Christine Velicer from the department of epidemiology at the University of Washington, Seattle. Her team randomly selected women for the study from patients insured by Group Health

Co-operative in Washington State.

They compared 2,266 women who had breast cancer with 7,953 who did not, and looked at the total number of days of antibiotic use and the number of antibiotic prescriptions in each group.

"All classes of antibiotic were associated with increased risk [of breast cancer]," they say in the report, which was funded by America's National Cancer Institute.

"We found that increasing cumulative days of antibiotic use was associated with increased risk after controlling for age. The results support the continued need for prudent long-term use of antibiotics and the need for further studies of the association between antibiotic use and cancer risk."

An editorial published in the Journal of the American Medical Association says the findings are worrying but do not pinpoint if it is the antibiotics themselves that may be implicated in cancer.

British experts played down the possibility that drugs were to blame. Angus Dalgleish, professor of cancer at St. George's hospital, London, said: "this study provides something for people to think about, but it is highly unlikely antibiotics are actually causing cancer."

Other specialists agreed it was more likely the drugs were merely damping down chronic inflammation that could lead anyway to tumor development.

Charlotte Gerson comments:

As usual, discussions of this type look at the symptoms, the surface of the problem. The reported item in the London Times is titled "Are anti-biotics related to breast cancer?" While I heartily agree that all anti-biotics are more or less toxic, and can therefore be implicated in contributing to the development of cancer (all cancers, not just breast cancer), I think that it is not just the actual drug damage that causes cancer. We must always look at the underlying cause: why did these women require anti-biotics? They were suffering from infections! That means that their immune systems were not working well - and that is one of the underlying causes of cancer! The problem goes further: when the immune system is weakened and the person has infections, leading to the prescription of anti-biotics, these drugs continue to poison and damage the body. That means that anti-biotics are used more and more frequently - further weakening the immune system. This, in my opinion, is the 'contributing cause for the later development of cancer, not necessarily breast cancer.

We have also seen very young patients suffering from cancer after being drugged with anti-biotics, sometimes for periods of a year or more, for acne! First of all, since they 'needed' anti-biotics for a long time, they really didn't work. Secondly, these anti-biotics are also toxic and I am definitely of the opinion that they contributed to cancer in these young people. -- Of course acne, the underlying problem, is also a symptom of a dysfunction in the body!

Humor ... from Coffee 'n' Carrots

"Don't worry about the world coming to an end today. It's already tomorrow in Australia."

— Charles Schultz