



HEALING NEWSLETTER

NL #2, July-August 1984

THE GERSON INSTITUTE

\$1.00

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NEWS RELEASE *

Charlotte Gerson will lecture on *Healing 'Incurables': The Gerson Therapy* as part of the National Health Federation's Chicago area convention at the Rosemont, Ill., Holiday Inn (O'Hare Kennedy), August 25 & 26, 1984.

She is an eloquent and exciting spokesman for the Gerson Therapy and has lectured widely in the U.S., Canada, Mexico, and Europe. She is president of the Gerson Institute, a non-profit organization for teaching physicians and the public how to heal and prevent 'incurable' diseases. Charlotte has been a popular guest on numerous TV and radio talk shows. She will be in the Chicago area for media appearances for over 10 days before the August 25 & 26 convention.

Charlotte will present Ed Braun of Racine, Wis., and other healed 'incurables' as proof of the Gerson Therapy's effectiveness. Ed recovered 28 years ago on the Gerson Therapy after hospital doctors sent him home to die when cancer spread through his chest and both lungs. Surgery, radiation, and chemotherapy never cure such cancers (see enclosed *Healing*, pg. 19)

Max Gerson, M.D., (Charlotte's father) developed the Gerson Therapy
(continued next page)

* This news release (on a Gerson Institute letterhead) has been sent to more than 600 TV and radio program directors, news services, newspapers, and magazines — in the Chicago area and nationwide. Jo Sesny — a busy, hardworking supporter — and her family have helped greatly by mailing out these releases after the Institute supplied them to her. Charlotte has decided to get publicity for the Gerson Therapy by arranging a series of appearances around the U.S. including TV and radio talk shows, other media publicity, and lectures. Appearances arranged so far are listed on page 8 of this newsletter. This news release was written by Norman Fritz.

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The Gerson Institute

Charlotte Gerson, President
and Editor

that has healed thousands of patients with many different 'incurable' diseases (see 60 case histories in enclosed *Healing*). Dr. Gerson was one of Germany's most outstanding physicians. In one test his therapy cured 99% of 450 'incurable' tuberculosis patients.

Gerson healed his first three 'incurable' cancer cases in 1929 using intensive nutrition and other metabolic methods of his therapy. In 1946 he presented five healed 'incurable' cancer patients before Senator Claude Pepper's committee. He is the only physician ever to present such patients.

Gerson's book *A Cancer Therapy — Results of 50 Cases* is so complete that some 'incurables' have healed themselves without a doctor.

Famed Nobel winner Dr. Albert Schweitzer, a Gerson healed 'incurable', wrote: "I see in Max Gerson one of the most eminent geniuses in medical history" (see p. 19 of *Healing*).

A possibly explosive highlight of the National Health Federation Convention will be the debate between Dr. Robert Mendelsohn & Harvey Wachsman, M.D. titled *There is Far More/Less Dangerous Quackery Inside Organized Medicine than Outside*.

Robert Mendelsohn, M.D., one of Chicago's most prominent, loved, and controversial physicians wrote *Confessions of a Medical Heretic*. He has appeared nationwide on more than 1000 TV and radio talk shows.

Harvey Wachsman, a doctor and lawyer, is one of the most outspoken aggressors of the medical establishment against the development or use of any cancer cures developed outside of the establishment. Wachsman's stated objective is to destroy (1) Emanuel Revici, a nearly 90-year-old M.D. who developed one successful cancer therapy; (2) the Gerson Therapy that has healed thousands of 'incurables' including many with liver cancers, pancreas cancers, spreading melanomas, and spreading lung cancers that orthodoxy never cures; (3) Virginia Livingston Wheeler, M.D.*, one of the world's most competent immunologists who developed a successful cancer therapy; and (4) Michael Schachter, M.D., a courageous New York physician helping many 'hopeless' patients.

Wachsman's statement came after U.S. Rep. Claude Pepper's Subcommittee on Health and Long Term Care held recent hearings with only AMA, American Cancer Society, National Cancer Institute and other establishment witnesses testifying. Alternative therapies were excluded. Thus the Gerson Therapy was excluded — a therapy that has healed thousands of 'incurables' that orthodoxy cannot cure. It can heal millions of 'incurables.'

For half a century after 1929, Dr. Gerson, grateful patients, and other supporters have taught thousands of 'incurables' how to heal themselves by using diet and other metabolic factors of the Gerson Therapy. During this same 50 years the AMA, American Cancer Society, National Cancer Institute, and other establishment groups in and out of government considered diet has no effect on disease. They consider the Gerson therapy and other metabolic therapies to be quackery.

(continued on next page)

* Since this news release was distributed Dr. Virginia Livingston Wheeler has submitted extensive documentation supporting her successful cancer therapy to Congresswoman Mary Rose Oaker of Ohio. Congresswoman Oaker is a member of Rep. Pepper's Subcommittee. She is collecting information for a possible hearing on alternative therapies.

Finally, in 1982 a National Cancer Institute grant produced the report *Diet, Nutrition and Cancer*. In 1984 the American Cancer Society announced nutritional guidelines for preventing cancer — but not for treating or curing cancer. These guidelines are almost the same as those used by Dr. Gerson to cure and prevent cancer — but no credit or reference is given.

Meanwhile, hopeless patients can go to physicians in Mexico or Austria who are using the Gerson Therapy. Numerous physicians have healed their own 'incurable' diseases with the Gerson Therapy but are afraid to speak out for fear of harassment and loss of license.

Or, as others have done, some 'incurable' patients will recover if they follow Gerson's book *A Cancer Therapy* and have good family support. Of course, chances of winning are better with a knowledgeable physician's guidance.

Establishment agencies such as the American Cancer Society and the National Cancer Institute are charged with finding a cure for cancer. Surely their personnel have the intelligence and ability — if they choose — to also read and use *A Cancer Therapy* to cure many of the 400,000 hopeless cancer patients dying this year.

Or, legislators could authorize a non-establishment group of knowledgeable, trained physicians to demonstrate — with legislators watching — the healing of 50% or more of hopeless cancers such as spreading melanomas and lung cancers.

Enclosures:

*Healing
Cancer? Think Curable!*
Gerson Therapy Information Sheets (3)
Cancer Research: The \$20 Billion Failure
(why the cancer death rate and cost increase each year)

P. S.

Isn't it a paradox:

(1) that Rep. Pepper and his committee carry the banner for the health and well-being of U.S. senior citizens
(2) that the medical establishment's \$100 billion annual health business (that Rep. Pepper and his committee support) fail to cure any of the millions of 'incurables' who die annually

(3) that only the Gerson Therapy and other alternative therapies developed outside the medical establishment have healed 'incurables' and methods to demonstrate that millions of other hopeless 'incurables' can be saved

(4) that Rep. Pepper and his committee call the Gerson Therapy and other successful alternative therapies quackery

(5) that Rep. Pepper, his committee, and other legislators have so far refused to hold hearings where healed 'incurables' and the successful alternative therapies that healed them could be presented?

To date legislators choose not to disagree with members of the \$100 billion annual vested interest of the medical establishment in and out of government — none of whom have the knowledge, training, or experience to cure 'incurables'. These establishment members say that only their methods (that always fail) should be used to treat the millions of 'incurables' who die annually. Alternative therapists with healed 'incurables' trying to be heard before such vested interest groups or members in or out of government have approximately the same chance of success as a Jew before a Nazi court.

"SAFE" FOOD PROCESSING?

The article on food preservation by radiation at the right appeared in the June/July 1984 issue of *HOLISTIC LIVING NEWS* (Vol. 5, Issue 5). This paper is published by the Association for Holistic Living, P.O. Box 14346, San Diego, CA 92116.

The author and the publisher of the publication have graciously given us permission to reprint the article.

The importance of this material cannot be over-emphasized. The new dangers to the food supply of the entire population may not be evident for some time, but the damage could be very far-reaching.

We urge that you, your family, friends and neighbors take action. Write to your Senator and Congressman, the FDA, etc. to insist that at least irradiated foods are tagged identifying them as such.

You may also want to add your voice to the NHF (Natural Health Federation) protest. See address at the end of the article.



Latest food processing plant?

by Lynn Hunter

On February 14, the Food and Drug Administration (FDA) announced its tentative of a proposal to treat certain dry and produce by irradiation (gamma rays emitted by decaying isotopes). This proposal requires no consumer labeling on the foods as treated and permits many treatment records to be destroyed after six to ten years.

Proponents of irradiation argue that it is an effective replacement for toxic pesticides, particularly the carcinogenic PBB (dibutyltin dibromide). They claim the process kills not only insects but also bacteria such as salmonella in chickens. It also prevents rot and deters from spoiling and would therefore extend the shelf life of these foods.

Margaret Heckler, the secretary of Health and Human Services (which includes the FDA), has publicly endorsed food irradiation. She points out that irradiation has been used in 28 countries and on food consumed by U.S. adolescents and servicemen without any visible side effects.

In some areas of the world, people have been eating irradiated foods for years. FDA spokesman Gordon Scott asserts: "There is no health hazard that we're aware of."

Dr. John R. Garman, Professor Emeritus of Biochemistry and Medical Physics at the University of California, Berkeley, would not find this view surprising. He maintains that the kind of epidemiological study required to determine how a diet of irradiated food would affect the frequency of cancer or genetic disease among humans has not yet been undertaken.

Scott Garman: "Such a study is unlikely ever to be done, because it would require controlling the diet of at least 200,000 humans at various age groups for at least 30 years and following their health histories for at least 40 years' (quote from "Full Report").

Other lines of investigation are specific isotopes. Gertraud Kauer of Friends of the Earth (FOE) argues that irradiation may not actually be effective in killing bacteria, the bacteria which cause infection are highly resistant to radiation (as are spores) and

cellular not yet revealed may well become so. Such a situation would enable the more resistant strains to proliferate without competition and create "microbiological havens" that could withstand a bio-contaminant that otherwise would be destroyed by such packaging materials. Making food more vulnerable to bacterial attack.

This concern also fits into the background, however, when compared with the changes that occur in the very substance of foods. Studies cited in *Food, U.S.A.* show that irradiation converts some of the amino acids which compose proteins into carcinogenic hydrocarbons.

The research also reveals that fatty acids which undergo changes at medium radiation dosage, and, at medium to high doses, toxic substances are produced. Very sensitive to radiation, lipids break down into harmful hydrocarbons such as acrolein.

Especially sobering in the view of some scientists is the effect of the process upon carbohydrates: their carbohydrate structures are destroyed, which negatively affects cell enzymes and could possibly require necessary proteins. The effect upon nucleic acids is comparable.

Nutritionists such as Mrs. W. J. Beament, publisher of *Let's Live* magazine, further stress that irradiation destroys vitamins. Although supporters of the treatment propose to add vitamins after irradiation, such a measure, say anti-oxidation scientists,

"If a person doesn't have a label for food that has been irradiated, then there will be no choice."

would be pointless, since by then the bio-activity of vitamins is reduced. Also, many of the vitamins destroyed during irradiation are essential to the nutritional value of foods.

Although foods irradiated at the present level will not be radioactive, a certain amount of exposure to the effects of radiation will be similar to the effects of radiation exposure. Such foods will contain radioactive chemicals

whenever that emits the character of radioactivity, which can cause chromosome damage. This may lead to cancer, metabolic damage or mutations in future generations.

In laboratory animals, these substances have also been linked with reduction in fertility and growth, embryonic damage, immunological disorders and organ enlargement.

Certain non-food substances formed by irradiation are also a source of weakness to people such as babies in basins. When treated, tooth decay, gum disease, immunological disorders and organ enlargement.

Despite these objections, food irradiation promises to be a sizeable dollar per annum business. *Market Watch* states that the FDA's plan may even have been turned to promote it. The media coverage of FDA on the grocery shelves, they emphasize, coincided with an article in *High Technology* (March 1984) touting the benefits of food irradiation.

Charles Walters, Jr., an ex-employee of Pillsbury, U.S.A., does an analysis between irradiation and the promotion of fluorine, which occurred a few decades ago. He recalls that the phosphate and aluminum industries, and just to dispose of their waste products, freely let upon the idea of loading them into the nation's water supply. On the justification that fluorine in drinking water would treat tooth cavities in both.

The idea that fluorine is so disposed of is not unusual, but it is a waste.

Alongside the issue of irradiation itself is the labeling controversy. The current proposal calls for irradiated foods to be labeled during early stages of processing to ensure that they are not irradiated more than once, but such labels would not appear on the final packaging.

Agriculture Canada quoted in *Action* (U.S.A. April 1984) feel that tagging foods "irradiated" would be the "less of death" for products so described.

The National Health Federation (NHF), a consumer health group, believes that such labeling is imperative. Says NHF legislative advocate Clinton Miller: "We believe it is a health matter, and if

a person doesn't have a label for food that has been irradiated, then there will be no choice."

Miller predicts that the irradiation proposal will bring about more consumer response than any health issue raised thus far. Following the initial publication of an FDA proposal in the *Federal Register* is a 60-day comment period. During this time, industry, the scientific community and the public are invited to comment on their knowledge of the proposal.

All substantial categories of response must be answered in the FDA final regulation. Even after the official time period has elapsed, Miller points out, it will still not be too late for consumers to protest. The FDA continues to count letters received until the proposal is finalized, and such letters emphasize that more than anything else will bring the FDA to cancel the irradiation process.

The FDA's proposal requires that processing records be retained for only a year beyond the shelf life of the irradiated food. To be useful, such records would have to be saved for us to three generations, since it would take that long to determine the cumulative and long term effects. In addition, early disposal of records would diminish needed evidence for lawsuits related to the contamination of irradiated foods.

When food irradiation will be implemented is still uncertain. Both the World Health Organization and the Food and Agriculture Organization and the Atomic Energy Agency behind it, however, the procedure may soon be a reality.

On other fronts, Madison Avenue is busy devising a five-year PR campaign for irradiation. In Canada, where irradiation nuclear industry is thriving — its coal-60 would be used extensively for irradiating American foods — a similar effort is underway. There, the process has already been debated with the New Age-sounding opposition: "Ionizing Energy."

The NHF has launched a petition campaign and campaign for more information. Write NHF, 588 Milwaukee St. #103.

Lynda Hunter is a freelance writer and a member of the NHF.

VITAMIN & MINERAL SUPPLEMENTS?

Many people are painfully aware of the vitamin and mineral deficiency in the average diet. Vitamin and mineral supplements in tablet or capsule form have become a very big business. A large percentage of 'health food stores' market almost exclusively a huge selection of supplements.

While these supplements do help in many cases, questions must be raised in connection with food factors in pill form. What are the best combinations? Who really knows exactly which vitamins or minerals are lacking? Even when exhaustive tests have been made, does supplementation of one mineral bring another out of balance? Are these materials when introduced into the body in pharmaceutical form really absorbed and assimilated?

We saw a lady at La Gloria who had been taking many supplements, but at one point, had been advised to stop. Nine months AFTER she stopped all pill intake, an X-ray of her abdomen showed large numbers of pills in her ascending colon.

In another case, a man had been taking 'timed release' Vit. C. About two weeks later, he required a colostomy operation. There, undissolved in his colon, the surgeon found the not so released Vitamin C!

Dr. Gerson warned in his book (see Appendix II, p. 416) that especially in a cancer patient, you can easily bring the body out of balance even with the best combination of vitamin and mineral supplements. The best, most easily assimilated vitamins and minerals are found in fresh foods and raw juices.

In this connection, we recently saw an article in "THE TOWNSEND LETTER FOR DOCTORS", written by Al Czap, which we reproduce in large part to the right. Here is evidence that we are dealing with substances which are possibly unbalanced, poorly assimilated, and could contain dangerous preservatives, fillers, etc.

The TOWNSEND LETTER FOR DOCTORS is a monthly publication available to all interested readers. Subscription cost for 1 year is \$20, for 2 years \$30. It is available by contacting: TOWNSEND LETTER FOR DOCTORS, 911 Tyler St. Port Townsend, WA 98368.

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TAKE TWO TABLETS OF BHT AND CALL ME IN THE MORNING!

Al Czap
Seattle, Washington

SODIUM BENZOATE, BHT, BHA, LACTOSE, PEANUT OIL, HYDROGENATED COTTONSEED OIL, SORBIC ACID, FRACTIONATED COCONUT OIL, CORNSTARCH and many other substances are dispensed, or their use recommended, on a daily basis, by well-meaning preventive practitioners. You need look no further than your pharmacy to find bottles of nutritional supplements containing these substances while labeled "Contains no artificial . . ."

The purpose of this and future columns will be to acquaint the physician with information which is not readily available, as well as specific questions to ask company representatives.

Virtually all vitamins are NOT "natural," although some of the sources may be considered "natural." For example, the majority of B-12 is derived by fermentation. Higher plants do not concentrate B-12 and are consequently a poor source (this translates to being "non-economical" to manufacturers). *Streptomyces griseus* is a common starting culture. Other rich sources are activated sewage sludge, manure, and dried estuarine mud. These are all simply a starting medium for the final product which is pure B-12, or is it? Almost all tablets are made with a 1% or 0.1% dilution of B-12; hence, your question must be: What is the other 99% or 99.9% composed of? Some products contain only dicalcium phosphate, which is somewhat neutral. Others may contain modified food starch (corn or other), sodium benzoate, sorbic acid, sodium citrate or other substances.

Fat soluble vitamins, with the exception of dl-alpha tocopheryl acetate, have a basic problem of stability. Loss of potency and deterioration are a major concern for Vitamins D, A, K, E, and Beta Carotene. In dry powder form Vitamin A is usually available in two forms, powder and beads. In powder form, it requires antioxidants and preservatives, as well as other agents to make it "compressible." You will find BHA, BHT, sodium benzoate, sorbic acid, lactose, acacia, fractionated coconut oil, modified food starch (corn or other), sodium citrate, citric acid, and other substances. Most of the preceding, along with methylparaben and propylparaben will be found in dry Beta Carotene, which comes in blends of 10% and 1%. To my knowledge, only one company supplies dry form Beta Carotene to the industry, so there is an extremely high probability that the bottle on your shelf labeled "Hypo-Allergenic," which contains Beta Carotene, also contains the ingredients mentioned.

Bead form Vitamin A is manufactured for "flowing capabilities" and to be "compressible." One major company's literature makes prominent mention of the aforementioned substances, another mentions BHT, while all outline that the Vitamin A is embedded in a matrix of gelatin and carbohydrate (SUGAR).

Liquid form Vitamin A and Beta Carotene may contain many of the same additives, or be in a base containing a small amount of BHT and Vitamin E with a large amount of "natural vegetable oil" which is usually Peanut Oil.

In addition to allergic reaction, the physician may desire to take into account other possible actions of these substances. In the *Journal of Holistic Medicine*, vol. 3, no. 2, Fall/Winter 1981, p. 132, David Horrobin describes BHT, BHA, tartrazine and other coloring materials as ". . . inhibitors of conversion of Essential Fatty Acids to Prostaglandins, or are chemically related to such known inhibitors." In data to be published in *Science*, early 1985, John Laseter, Ph.D., will share the results of an ongoing study of arterial plaque. Deposits in the coronary artery may well include BHT, BHA, chlorinated pesticides such as DDE, plasticizers, aromatics, as well as some alkanes. Alkanes are saturated hydrocarbons such as paraffin; cycloalkanes are saturated hydrocarbons having a ring structure, e.g., cyclopropane (a general anesthetic) and cyclohexane. Enough of this light-hearted subject!

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4. *Standers Dictionary & Encyclopedia of Laboratory Medicine and Technology*, 1st Edition, W.B. Saunders Co., 1984.
5. Notes from "Second Annual International Symposium on Man and His Environment in Health and Disease," February 16, 1984, Wadley Institutes, Dallas, Texas.
6. *Journal of Holistic Medicine* (see text).
7. *Immunology & Allergy Practice* (see text).
8. *Bronson*, June 1982, "Preservatives: Fresh Facts," Durk Pearson and Sandy Shaw.

Drug Addiction and the Gerson Therapy

Many patients come to the La Gloria Clinic still addicted to cigarettes, coffee, alcohol, and occasionally, due to medical management of pain, even opiates such as morphine.

Drug addiction often begins as deficiency disease. The person feels an urgent need for 'something' which he cannot identify. Actually the body craves nutrients. But most people who have this craving soon find something, anything, such as nicotine, caffeine, alcohol or street drugs to relieve the craving at least temporarily. Obviously, the body never craves drugs to begin with - but since the nutritional needs are not being satisfied the craving returns and drug use becomes an addiction.

The Gerson Therapy is ideally suited to overcome the problem. First of all, since all incoming patients start immediately with a glass of freshly prepared juice served every hour, the need for nutrients is being met. Then, with the intensive detoxification procedure of coffee enemas, the toxins released by the system are quickly eliminated. So, the withdrawal symptoms are minimized. Regularly, patients report that they are amazed that they no longer crave cigarettes, coffee, etc. and how easy it was to overcome the feared withdrawal symptoms.

When it comes to 'hard drugs', such as heroin, it might be assumed that the problem is more serious and symptoms more severe. But, as we can illustrate in two case histories (below) this has not been the case. Imagine how all the Methadone drug management centers could soon be closed and the young people, struggling, could overcome their habit and be helped, saved not only from drug addiction and brain damage, but from the life of crime to which their habit leads.

Gerson Therapy: Two Success Stories

Toward the middle of August, 1982, a lady in her fifties came to La Gloria. She had been a drug addict for about 7 years, using heroin - and she was also a heavy cigarette smoker. At the time of her admission, she had a diagnosis of liver cirrhosis with pain in the liver area, a fluid-distended abdomen, lack of appetite and extreme nervousness. She was frightened at the prospect of severe withdrawal problems - yet even more so at the prospect of death which her U.S. doctor had promised her within about two months.

After one week on the therapy, she was off all drugs, including cigarettes. To her own surprise, she had not suffered any withdrawal symptoms to speak of. The liver area was free of pain, she had good appetite, the swelling of the abdomen was much reduced. Her nervousness was considerably decreased and she was sleeping well. - In June of 1984, she returned to La Gloria, alive and well, for a follow-up consultation.

In June of 1982, a young man aged 31 came to La Gloria. He had been a drug addict for 14 years, using heroin originally. He had managed to overcome the habit, but upon advice from well-meaning friends, joined the methadone program. He found this drug harder to shake and more addictive than heroin and was almost despairing about his addiction. He was using 30 mg of methadone at the time of his admission and was weaned while at the same time receiving the whole Gerson Therapy. After two days, he was on 10 mg; then the dosis was decreased by 5 mg about every three days thereafter. Three weeks after his admission to La Gloria, he was completely off all drugs, had suffered only minor withdrawal discomforts (difficulty sleeping) had improved color and well-being. He was delighted that he had "shaken the habit" with so little discomfort.

NOTE: IMPORTANT MEETING

An important seminar is scheduled for October 1st and 2nd at the downtown Chicago Ritz Carlton. The preliminary program calls for 8 or 9 physicians, including Dr. Robert Mendelsohn, who are in disagreement with the AMA, to discuss: "Dissidence in Medicine". For details, send stamped, self-addressed envelope to: Jo Sesny, 3370 Sunset Trail, Northbrook, IL 60062. Phone: (312) 272-5887.

NEW, UPDATED TAPES AVAILABLE

We are often asked about new tapes on the Gerson Therapy. Since Charlotte does many lectures around the country, new tapes are being generated frequently.

During one health convention, she lectured not only on the basic healing approach of the Gerson Therapy, but touched on other subjects, such as prevention, new techniques used at La Gloria hospital, other diseases. Some of these tapes are now available, as detailed below:

Healing 'Incurable' Diseases: The Gerson Therapy. Basic lecture on the Gerson Therapy, underlying cause of disease and turning the body chemistry around to overcome the causes and restore health. \$5.

Healing Modern & Ancient Diseases. Conceiving a healthy baby, seeing the child through required vaccination safely, preventing juvenile diabetes to genital herpes. \$5.

The Gerson Therapy & New Tools for Healing. A 2 1/2 hour seminar touching on many points of the therapy and the additions to the therapy such as polarization, staphage lysate immune stimulation, ozone therapy, etc. Questions and Answers. Set of 2 tapes. \$9. for the set.

When ordering, please specify tape(s) and include \$1. for mailing. California residents please include 6% sales tax. If ordering more than 2 tapes, please include \$1.50 for postage and handling. Mail check to: GERSON INSTITUTE, P.O.Box 430, Bonita, CA 92002.

Charlotte Gerson will be lecturing in person in the Chicago area. She will also be on various radio programs as well as on a TV talk show in Baltimore, MD during the second half of August. At the NHF Convention, on August 25th, at 4:30 PM, she will have three of Dr. Gerson's Fifty Cases from his book, A CANCER THERAPY, appearing in person. Do not miss this exciting event. - Holiday Inn O'Hare-Kennedy, Rosemont, Illinois.

- Aug. 14, in person lecture. "Metabolic Healing-Winning over Killer Diseases". IACVF, 7222 W. Cermak Rd., North Riverside, Ill. 7:30 PM. (312) 447-2151.
- Aug. 15, Molly Nesler interviews Charlotte Gerson on "Winning Over Killer Diseases". WFXW-1480 AM, 9:30 AM to 10:30 AM. (Reaches far West suburbs)
- Aug. 15, Al Mann interviews Charlotte Gerson on "Winning Over Killer Diseases". WTAQ-1300 AM. 1 PM - 2:20 PM. During the live talk show, the question will be asked "Are your Health Freedoms Being Jeopardized?"
- Aug. 16, Mel Bellaire interviews Charlotte Gerson "What Is Quackery?" WIVS-85 AM, 10 AM to 12 N. Live talk show. (Broadcasting from Crystal Lake, Ill.)
- Aug. 16, in person lecture. "Metabolic Healing". NHF (Ill./Wis. Chapter) 7 PM. Harbor Ridge, Rt. 59 - Grass Lake Rd. Contact George Odell (414) 857-2904 or George Knacksted (815) 344-3998.
- Aug. 18, Alvenia Fulton interviews Charlotte Gerson discussing presentation of patients at the NHF Convention. WVON-1450 AM. 11 to noon. Live call-in program.
- Aug. 21, Live TV from Baltimore, MD. "People Are Talking" program. Channel 13, 9 AM to 10 AM. Discussion of The Gerson Therapy with presentation of a patient - in person.
- Aug. 21, in person lecture. "What is Quackery?" Kiwanis Club, dinner with Charlotte Gerson at Mancini Rest., 5555 St. Charles Rd., Berkeley, Ill. Contact Al Monti (312) 344-3344

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