

OCTOBER 1979 -- OCTOBER 1983

My FREEDOM from ALZHEIMER 'S DISEASE 4th year

Dean Riggins, a high school friend, encouraged me to try the Nutritional Therapy as outlined by Dr Max Gerson in his book, A CANCER THERAPY, RESULTS OF 50 CASES.

When I boarded the bus in Riverside, California for San Diego to go to La Gloria Hospital and learn about the therapy I thought I WILL NEVER RETURN. The Medical doctors had told me over and over since 1974 that I could not live because no one had ever recovered from Alzheimer's.

After arriving at the hospital and beginning the Nutritional Therapy and having the experience of the first PAINFUL HORRIBLE HEALING REACTION I knew that my life was ending and I was happy about it. This reaction is necessary before any healing can begin. See Dr Gerson's book. Also see Jaquie Davison's book CANCER WINNER.

This excruciating, throbbing reaction was centered mostly in my head. I staggered in anguish around the room during the afternoon and all night. When I would call the nurses, who were in the next room, they would give me a packet of pain medication which was 1 aspirin, 1 vitamin C, and 50 mg. of niacin. This did nothing for the pain but I took them anyway and drank the peppermint tea all night.

Later the next morning the pain began to subside.

The dizziness in my head stopped. I had been dizzy continually following a head injury in 1963.

My arms, legs, knees and jaw felt better.

I tried raising my arms, I could do it without the usual pain I put my weight on my knees, they didn't hurt as bad and I stayed on them laughing and crying and prayed and prayed in gladness after such exciting relief.

What a blessing began for me that day.

There have been many other reactions but never one as severe as the first one.

It was a constant battle for me to stay on the Therapy long enough to get well.

I am grateful to My Father in Heaven and all of my relatives and friends who helped and continued to encourage me

This Miracle of Good Health has brought me joy and happiness.

Melva Matthews Blackburn

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