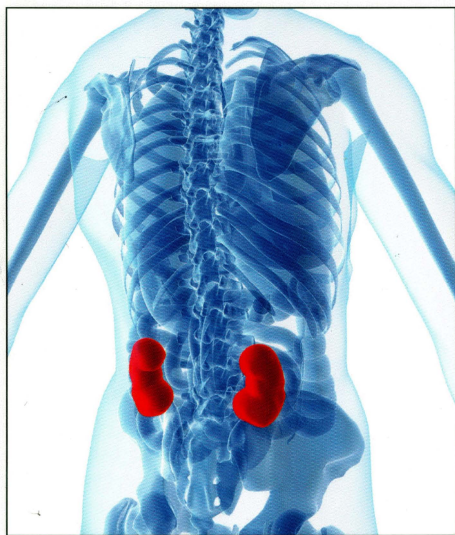
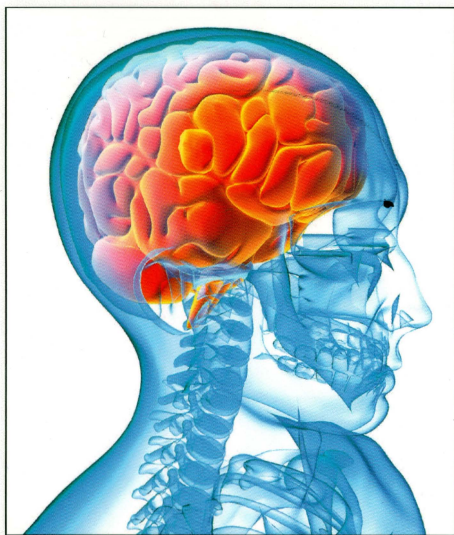


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Acknowledgements

The author gratefully acknowledges the tireless and dedicated assistance of both Beata Bishop for her able editing of the materials, and Howard Straus for the mechanical work involved in turning words into published material. Without their help, the production of these booklets would have been far more difficult and time-consuming. But the real heroes, and the people without whom these booklets would be impossible are the patients and companions who did the day-to-day kitchen work associated with healing these diseases. We are deeply indebted to them for permission to use their inspiring stories. These booklets were prepared under the auspices of the Cancer Research Wellness Network, with generous grants from Mrs. Faye Joseph, Sting and Mrs. Trudie Styler.

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ISBN: 978-1-937920-01-2

Preface

This booklet, one of a series, lays no claim to being a scientific document. What it aims to do is to present, through a number of factual case histories, a novel approach to cancer and other chronic degenerative diseases that is totally different from the present-day philosophy and practice of orthodox medicine. This approach, the Gerson Therapy®, has been practiced successfully for over sixty years, often achieving healing in so-called incurable cases where all else had failed. Yet until very recently it existed in relative obscurity. It is only now, when the limitations of modern high-technology medicine have become painfully obvious, that the potential of a truly holistic, scientifically sound medical modality is attracting growing interest. What the Gerson Therapy lacks at present is the kind of large-scale research material, yielding a significant amount of statistics, without which its claims will not be accepted by the medical and/or academic Establishment. The reasons for this lack are simple. After Dr Gerson's death in 1959 the therapy was not practiced anywhere, right until 1977 when it was re-activated by Charlotte Gerson and several physicians in a newly established clinic in Mexico. In those early days the only aim was to help as many desperate patients as possible.

Although naturally precise records were kept, embarking on a systematic research program was not feasible. Years later, with the therapy running smoothly and attracting growing interest, another obstacle to research has become evident. Patients arrive from all parts of the world to a Gerson® facility in Mexico and after a few weeks return home, where they are supposed to remain on the therapy for a minimum of two years. In order to compile the results of the treatment in a statistically meaningful form, it would be necessary to follow up individual patients scattered all over the globe, monitor their progress, assess their success or failure, and obtain full medical documentation of each case.

The non-profit Gerson Institute has never had the funds or the manpower to carry out this expensive operation. Clearly, this puts it at a disadvantage from the orthodox medical point of view, which puts a high value on statistics and on randomized double blind clinical trials. The latter are suitable for testing a single new drug or treatment modality, but not a complex, many-faceted system of healing whose every component interacts with all the others. Until

this basic difference is recognized by the critics of the therapy, it will be impossible to engage in a meaningful dialogue. Hence the present series of booklets contains no statistics. What it offers instead is a number of authentic case histories, chosen from a large amount of clinical material. They tell the full, factual human stories of individuals confronted with life-threatening disease and overcoming it on an unorthodox therapy. Their stories may be dismissed by the strictly scientifically minded as anecdotal evidence, but unless the lessons of such individual experiences are properly evaluated, there can be no hope of true progress in modern medicine's fight against today's killer diseases. Yet progress is badly needed, since some other sets of statistics, those of cancer mortality and of the rising tide of new cases, show no sign of improvement. It is time for conventional medicine to search for new paths of healing, and that is what the Gerson Therapy has to offer.

Introduction

In his last book, the classic volume on the Gerson Therapy®, Dr. Gerson gives his understanding of the origins of cancer:

“In my opinion, cancer is not a problem of deficiencies of hormones, vitamins and enzymes. It is not a problem of allergies or infections, viral or others; it is not a poisoning through some metabolic or external substance (carcinogen), nor caused by a genetic factor. It is an accumulation of numerous damaging factors, in combination causing the deterioration of the entire metabolism when the liver has been progressively impaired.”

In other words, it is mistake to search for “THE cause of cancer.” There is no one single cause. With metabolic healing by the Gerson Therapy, it has been our experience that even presumably genetic cancers can be cured. The genes may well predispose the person to weakness of the liver and/or the immune system. But the damage is reversible!

When persons learn about metabolic, nutritional healing and the Gerson Therapy, they often inquire about other patients who were diagnosed with the same problem as the one from which they are suffering, and ask whether the Gerson Therapy has proved effective in such cases. In order to reassure such patients, we have prepared the present booklet containing many reports of recoveries in such specific cases.

Two thousand years ago, ancient Chinese medical textbooks stated that “an immoderate diet increases the risk of esophageal cancer.” In the 1950s, the American Medical Association and American Cancer Society denounced Dr. Max Gerson for using nutrition as part of a comprehensive treatment for cancer. Then, in the 1980s, the American Cancer Society issued dietary guidelines for reducing the risk of developing cancer, a diet remarkably similar to the Gerson diet. (From *Nature's Impact* Oct./Nov. 1998, p. 47, by Patrick Quillan, Ph.D., RD, C.N.S.)

In 1982, the Congressionally appointed panel of experts, the National Academy of Sciences, issued their book, *Diet, Nutrition, and Cancer*. In it they state, “Spread the good news that cancer is not as inevitable as death and taxes.”

Now the cancer ‘authorities’ admit that some 50-55% of women’s cancers and some 45-50% of men’s cancers are caused by faulty nutrition. And while the *Journal of the American Medical Association* in the 1930’s advertised cigarettes [“20,679 Physicians say ‘Luckies’ are less irritating”], they now point not only to smoking but even to second-hand smoke as a contributory cause of cancer. In other words, orthodox medicine admits that cancer has various causes.

Brain tumors, as all other malignancies, are named after the tissue where they originate. Most common are the astrocytomas, originating in astrocytes of the brain and spinal cord. Gliomas are more common in children and originate in the glia cells.

Generally, brain tumors do not metastasize (spread) to other locations in the body. Unfortunately in orthodox medicine surgery, radiation and chemotherapy are supposed to be the only acceptable treatment methods. “None of these has reached the point of being clinically useful. Prognosis after treatments is poor, in that few survive more than two years.” (*Taber’s Cyclopedic Medical Dictionary*, F.A. Davis Co.; Philadelphia, Copyright 1993.)

While brain tumors are relatively rare, we have a few cases that responded dramatically to the Gerson Therapy. The treatment and response are often slower and more difficult than those of many other types of malignancies. However, with patience and perseverance, these cases have responded positively, producing long-term recoveries.

In his classic last book, *A Cancer Therapy: Results of 50 Cases*, Dr. Gerson placed five dramatically recovered brain cancer cases at the beginning. One of them did not survive for a full five years after starting the treatment with Dr. Gerson, the others lived for many years. One further case (Ralph Schooley, see below) survived for many decades but was not included in the book.

Obviously, in brain cancer ‘flare-ups’ (i.e. healing reactions) symptoms can include disturbances of vision, balance, perception, even occasionally of speech, as well as of other brain functions.

Since flare-ups usually include such symptoms as local swelling (inflammation), these can exert a good deal of pressure within the

skull. As a result, brain cancer patients can also experience seizures and severe head-aches during flare-ups. Such episodes can cause patients and caregivers great concern that can worsen to the point of panic. But if the patient is experiencing a true 'flare-up,' symptoms disappear after a few days, at most after a week, and subsequently he or she feels much improved.

After the use of raw liver juice had to be suspended (see *Cancer Therapy: Results of 50 Cases*, Appendix III) results have become less dramatic and reliable. Still, the Gerson Therapy is a preferable approach, more likely to obtain results than orthodox treatments.

Recently, we had the opportunity to meet with a long-term investigator of brain cancers. He is a professor of medicine, and his research covers all types of malignant tumor cells found in the brain. His research takes place in the United Kingdom.

He presented a huge amount of data he and his team had produced. The presentation lasted for about two hours, gave exhaustive details on types of cells, how they behaved when mature, when splitting, how they fail to respond to chemotherapeutic drugs, and more. At the end of the presentation, when asked what percentage of patients recovered, he admitted that "no patients recover; they all die, usually within three to six months."

When we reported that the Gerson Therapy produces long-term recoveries, he muttered some excuses, "special cells, slow growing cancers," and such. However, he was told that all recovered patients had been biopsied and had received hopeless prognoses. He had nothing further to offer.

Many factors other than nutrition and smoking depress the body's defenses and contribute to the onset of a malignancy. Above all, there is toxicity in the air, water, soil, processed foods, over-the-counter, prescription and medical drugs, household chemicals, industrial and occupational by-products, and more. Another important contributing factor is the use of deodorants and/or antiperspirants. Some of these contain toxic chemicals. Even if they do not, they clog the pores of the underarm lymph glands and prevent the body from releasing toxic accumulations in the lymphatic system. When the body is overwhelmed with toxins

from the air, water, drugs and foods, often the main detoxifying systems (the liver, kidneys and lungs) can no longer excrete the load. The body then uses an auxiliary system: perspiration, to help detoxify.

It can be assumed that the toxic excretion in perspiration is smelly. Naturally, people have been taught to use a deodorant, a cream or a stick, to banish the odor. However, blocking these lymph glands sends the toxins back into the lymph system of the breast and underarm. It is even likely that male breast cancer, which is increasing considerably, is directly related to the vastly increased use of underarm deodorants by men. It is admittedly difficult in our 'civilized industrial society' to avoid all toxins. Cancer, particularly the glandular type which affects the prostate, can take months or even years to appear. But once it has manifested, it is imperative to eliminate all toxins as an essential part of healing.

After toxicity, the second major factor in all malignancies is deficiency. Our depleted and artificially fertilized soil does not produce food rich in natural nutrients. The already deficient food is further depleted, refined, and treated in processing methods such as jarring, canning, freezing and preparing for dispensing as 'fast foods.'

All the above factors produce a severely deficient and toxic body that loses its natural immunity, hormone balance, enzyme activity, and its ability to handle stress and/or accidents or injuries. Dr. Gerson emphasized that a normal healthy body has a strong ability to heal infections, colds, flu's or injuries. This natural ability, when lost through harmful lifestyles, has to be restored if the body is to be enabled to heal. With the proper nutrients and the elimination of toxins, this can be done! In other words, with intensive detoxification and the flooding of the system with fresh, living, organic nutrients, the body recovers.

To prove this claim, Dr. Gerson — having exactly described the theory and practice of the therapy in his classic book, *A Cancer Therapy: Results of 50 Cases* — presented the thoroughly documented case histories of fifty recovered patients. Many of those who were young enough at that time are still alive and well into

their high 70's and 80's. We give below a number of more recent case histories, almost all of whom were in a 'terminal' condition when first seen, with recurrent tumors after various orthodox treatments; yet all of them survived for at least five years after starting the Gerson Therapy.

In the same booklet, we also discuss kidney cancer cases. They are not related; the reason for combining them is simply that each type of cancer is relatively rare, and there are not enough cases of either to fill a booklet.

Kidney cancers, if discovered early, are relatively easy to control for a while. If the cancer has only affected one kidney, and has not spread in the abdominal cavity, that kidney can be removed and the patient remains well for some time. However, since the underlying causes, the toxicity and deficiency of the body, the breakdown of the body's defenses, has not been overcome, it is virtually certain to recur. We present such 'terminal' cases.

One of these cases was treated by Dr. Gerson and is reported in his book, *A Cancer Therapy: Results of 50 Cases* (Sixth Edition, p. 356; Case No. 38). In another case (not reported) a physician, a radiologist, was operated for removal of a malignant kidney. He carefully researched the literature and found that he was almost certainly going to have a recurrence, most likely in the other kidney. For that reason, he came to the Gerson Therapy hospital in Mexico, cleared and strengthened his body and defenses, recovered completely and lived for many years in good health. In this case, we are seeing effective 'prevention.'

The Nutritional Healing Therapy of Max Gerson, M.D.

In order to help the body, with the liver as its major healing organ, to restore and heal, a number of life-style factors have to be radically changed. The first thing is the elimination of all animal proteins. This is a 'shocker' for most people who are trained and imbued with the idea that proteins (in their minds, animal proteins) have to be part of their diet to promote normal health and tissue repair. More and more evidence is accumulating that the human body is not designed for and doesn't thrive on animal proteins. Our teeth, stomach acid level, long intestinal tract and more are all features of vegetarian animals. Furthermore, additional research now proves that the higher animal protein consumption, the higher chronic disease and cancer incidence. Dr. T. Colin Campbell, a professor in the division of Nutritional Sciences at Cornell University, and senior advisor to the American Institute for Cancer Research, said that there is

“... a strong correlation between dietary protein intake and cancer of the breast, prostate, pancreas and colon.” (as quoted in Lang, S., “Diet and Disease,” *Food Monitor*, May/June 1983; p. 24.)

Dr. Campbell recently (June '01) quoted additional research showing a clear relationship between cancer incidence and protein consumption in all cancers. He also showed graphs pointing to the fact that those patients who stopped all animal protein consumption had arrested their cancers or even occasionally caused them to be reduced.

Then comes the inevitable question, “But where will I get my proteins?” There are now many studies, such as one from *The Journal of the American Dietetic Association*, noted by Nathan Pritikin, John Robbins, and various US Government agencies, that clearly state that “A diet adequate to cover hunger, satisfied with natural foods, is more than adequate in proteins.” I often simply ask the questioner to consider, “Where does the cow get her proteins?” and the answer is, of course, from grass.

The Gerson Therapy is more than adequate in vegetable proteins, so much so that it is capable of restoring and rebuilding organ systems, bones, and tissues ravaged by cancer.

The next problem of an average diet is the sodium (salt) intake. Dr. Gerson was aware from the start of his experimenting with diet changes that salt caused some of the worst damage to the metabolism. He found it hard to prove, except by what he considered the most

important thing of all, the results at the sickbed. When patients came to his clinic, generally given up by their doctors and in terminal condition, he was able to reverse the disease. He found that one lady who didn't respond to his therapy at all, was only using salt to brush her teeth. (Presently, baking soda [sodium!] is recommended by doctors and dentists!). On discontinuing this practice, she showed good healing. It was only after Dr. Gerson's death in 1959 that researchers were able to study the damage caused by salt. Two scientists, Malcolm Dixon and Edwin C. Webb published their study in a book called *Enzymes*, 2nd Edition, pp. 422-423, published by the Academic Press, Inc. New York, 1964. In this table they show that as the body manufactures enzymes for all its needs, it uses potassium as its "activating ion," while in almost all cases, sodium (salt) is an enzyme inhibitor. "Poisons" are also defined as enzyme inhibitors. But Dr. Gerson did not have the facilities to do research of this type and went by the results he obtained. Added sodium in every form had to be totally banned from the patients' diet. This presents a problem with appetite at the start of the treatment. However, in about a week or two, the patient's taste buds become accustomed to the natural flavor of foods, spiced with fresh garlic, onion, celery and tomatoes instead of salt. Appetite returns.

The third damaging food item that has to be completely eliminated is fat. There is only one exception: straight, organic flax seed oil (without any additions). ALL other fats and oils promote and stimulate tumor growth. They have been tried. Also, never heat or cook with flax seed oil. Use this oil raw in salad dressing or on baked potatoes once they are cool enough to eat.

The book *Healing the Gerson Way* lists many additional 'forbidden' items, such as white flour, sugar, alcohol, cigarettes, canned, frozen and pickled foods; cosmetics and underarm deodorants, household chemicals, sprays, pesticides and many more toxic and otherwise damaging materials. Also, all food and materials used for juices must be organically grown, free of poisons. Water must be cleared of fluorides (only possible with distilling) and other additives. If no fluoride is present, reverse osmosis will adequately clear the water. All water used for the patient, including that used in coffee enemas, must be clear of additives.

Returning to the original premise of all chronic disease and, of course, cancer patients. The problem is two-fold: Toxicity and

Deficiency. Both must be addressed. Above all, we are dealing to some extent with preventing further toxins from entering the body. We not only have to be concerned with that situation; but we also have to detoxify the body of years of accumulated poisons. That is accomplished with the coffee enemas.

A correct diet that doesn't burden the body with difficult-to-digest and toxic materials (animal proteins and fats; drugs, alcohol, etc.) combined with the hourly freshly pressed juices, cause the cells and tissues to release these toxins — into the blood stream. The blood stream is filtered through the liver; it passes through the liver approximately once every three minutes. But there would be a huge overload on the liver if we didn't help it to eliminate this toxic burden. That is done via the coffee enemas. These have been shown to open bile ducts and allow the liver to clear itself not only of old accumulations but also of the tumor tissue that the body's immune system attacks and destroys. It is an ongoing process for many months. The patient may be surprised that it takes five such coffee enemas daily (once every four hours starting at 6 AM) to keep the liver clear. This procedure also overcomes pain in almost all cases, usually within the first two to three days of the Treatment.

Enemas are prepared as follows: Use a quart of 'clean' (distilled or filtered, see above) water; add three rounded tablespoonfuls of organic ground coffee (NOT de-cafeinated), boil briskly for three minutes, then let simmer about 18 minutes. Let cool, strain, replace water that has evaporated to make up a full quart at body temperature; place into enema bucket or bag. Lie comfortably on a padded place or cot (or use your bed properly protected by a rubber or plastic sheet and towel) on your right side with your knees drawn up. Bucket or bag should not be much more than about 18 inches above your body so the flow is gentle. If possible, hold the coffee for no more than 12 minutes. If cramping or serious urgency is present, let it out when necessary. In time, 12 minutes will be quite easy.

Nutrition: In order to restore the depleted body systems, we have to use a form of 'hyper-alimentation'; *however, DON'T* use canned or processed products. *USE* only fresh, organic foods and juices. Thirteen 8-ounce glasses of freshly prepared juices are needed, one every hour starting at 7 or 8 AM. The correct kind of juicer (NOT a centrifugal type) is needed to get proper mineral extraction. One glass of orange juice, also freshly pressed, is given at breakfast; the other

juices are five glasses of a mix of carrots and apples; three glasses of carrot juice only, four glasses of juice made from salad greens with one apple added per glass. This is NOT a juice fast. Three regular vegetarian, salt- and fat-free meals are given. All foods and juices are freshly prepared from organic fruit and vegetables. Juices are better digested with some solid meals, consisting of salad, soup, potatoes and vegetables, and fruit (raw or stewed) for dessert.

Dr. Gerson became aware that patients were severely deficient in potassium, one of the most essential minerals. Potassium is amply present in all fruit, a little less so in vegetables. However, since the deficiency is so great, a potassium supplement of Dr. Gerson's own composition is used. Also as part of the patient's medication, certain digestive enzymes are given, including pancreatic enzymes and a combination of stomach acid and pepsin, called "Acidoll." Liver medication, Vitamin B3 and other items are also needed and given.

All foods, enema preparation, healing reactions, medication, and changes in the treatment required for patients pre-treated with chemotherapy drugs is described in great detail in the newly updated book, *Healing the Gerson Way: Defeating Cancer and Other Chronic Diseases*. (Available from Gerson Health Media, 316 Mid Valley Center #230, Carmel, CA 93923. Cost: \$29.95, plus \$4.00 shipping. California residents, add 8.5% sales tax.)

Most important of all: The Recovered Patients. These are reports by the patients of their experiences before the treatment and their overcoming of brain and kidney cancer. It is important to note that some (especially the first case described) suffered from multiple problems that were all cleared. The Gerson Therapy is not specific for cancer, certainly not for just one form of cancer. When the treatment activates the body's "Healing Mechanism" (as Dr. Gerson called it) it is impossible to selectively clear just one disease. Everything heals.

Nora Kulwicki — Brain tumor

In 1987, just weeks before her tenth birthday, Nora Kulwicki of North Liberty, Indiana, started to suffer from headaches, then vomiting. Her mother took her for a CAT scan, and a brain tumor was discovered. She was then taken to the Riley Children's Hospital in Indianapolis and was scheduled for surgery. The surgeon removed

what he could, but some of the tumor was too close to a blood vessel and could only be cauterized. This, of course, left the door open to more tumor growth. Subsequently, Nora went for yearly check-ups.

When she was 13, an MRI (Magnetic Resonance Imaging) showed a recurrence. The doctor said that at this stage he couldn't do anything, "the tumor wasn't big enough to operate." Nora's mother, Mary, felt that she couldn't just sit by and wait for her daughter's tumor to grow. She started to read and research and found out about the Gerson Therapy®.

In 1990, Mary and Nora came to the Mexican hospital and started the Gerson Therapy. After three weeks, Nora returned home and stayed on the strict Therapy for one and a half years. During this time, with the need for frequent coffee enemas and juices, she did not go to a public school, but had home schooling. She also spent a great deal of time taking coffee enemas on the bathroom floor, and used this time constructively: she read all the classics she could get her hands on, followed by Plato and other philosophers, then went on to read science books and math. All this added up to a tremendous education. When she took her SAT's (Scholastic Aptitude Test), she scored extremely high — her score was almost perfect. Thanks to her background and wide reading, she also became an excellent writer.

At the end of her intensive Therapy, she had another check-up with her neurosurgeon. He took some pictures, studied them, looked puzzled, hesitated, took some more pictures — and finally said that he couldn't see any more tumor, just a shadow which he felt was a scar. Nora's mother asked what her daughter's prognosis was. The surgeon replied that she would never have a problem again! Nora was also playing the violin. The doctor was very pleased about that and said that this was a very good sign, since the type of tumor she had suffered from would have affected the fine motor skills. In other words, with a tumor in her brain she would have been unable to play the violin.

Having completed one and a half years on the strict Therapy, Nora switched to a "maintenance" program: she still drank two to three quarts of juice daily and ate only organic food. Her mother started an organic co-op business, helping to supply herself and a number of other people in the area with organic food. Mary Kulwicki says that she is now helping some 40 people to obtain their organic produce.

Nora is now 25 years old. Aged 19, she was admitted to college. Moreover, she was granted the high honor of a Presidential Scholarship, awarded annually for excellent high school performance and outstanding contributions to the community. Hers is a wonderful story of triumph over great adversity.

Latest news, February 2002, one day before her 25th birthday: Nora is in fine shape and married. She had graduated 'Magna cum Laude,' has done newspaper reporting and other writing. Her mother's doctor, when hearing of Nora's recovery from astrocytoma, said, "Nora climbed through the eye of a needle."

Ralph Schooley — Astrocytoma (Brain cancer)

Ralph had only been married one year when in late October 1948 he had the first indication that something was wrong. He was a Marine Engineer and collapsed on board ship while in port in New York. He had another 'collapse' at home and realized that this was no ordinary fainting spell. The only doctor he and his wife knew in New York was Dr. Gerson. They were acquainted with his treatment through a friend and had heard of his testimony before a Senate Committee, describing his cancer treatment. Ralph and his wife thought that if Dr. Gerson couldn't help, he would at least know who they could go to.

Dr. Gerson immediately suspected a brain tumor. This was confirmed after tests and X-rays, and by consultations with the head of the Columbia Neurological Institute and the head of the New York Neurological Institute. After examining Ralph, the consulting doctors held out little hope and informed Dr. Gerson that the patient had little time left and should be kept on sedatives. Dr. Gerson put aside the sedatives and began his treatment.

Dr. Franklin of the Columbia Neurological Institute had discovered during his examination that Ralph had lost large portions of his field of vision. But within a week of starting Dr. Gerson's treatment practically all the vision had returned. This amazed Dr. Franklin, as he had held out little hope of improvement for the patient. Eleven months later Dr. Gerson allowed Ralph to return to work, not realizing that he could not possibly continue on the diet therapy aboard ship. Within a month he suffered another 'collapse' [seizure] and was forced to remain at home on a strict regime.

Ralph's condition was so severe that a change of position caused him seizures, so that he experienced one with every enema. Slowly the seizures stopped, and his tests showed clear.

In 1980, as part of a Gerson presentation, Charlotte Gerson attended a convention in Hartford, Connecticut. Since she knew that Ralph lived in New Hampshire, she was very anxious to record him on videotape. As he was 82 years old at the time, not wanting to stress him, she offered to send a car and driver to Keene, NH, to pick him up for the trip to Connecticut. He was almost offended! "What do you mean?" he asked. "I've just purchased a new car and I will drive the distance." Sure enough, he arrived the next day and told his story. He was well and full of energy, saying that when it came to work, he could run circles around his much younger nephews.

His wife finally wrote to Charlotte to say that Ralph had passed away in August 1996, at age 96, 48 years after his doctors told him that he had only a year to live. She added, "Dr. Gerson gave us our life together."

Sandi Stewart — Brain tumor

Sandi was 33 years old when she felt pressure headaches and had vision problems. She was also the divorced mother of four and had previously been diagnosed with Hashimoto's disease (thyroid malfunction) and with rheumatoid arthritis at age 13.

She started the Gerson Therapy some 21 years ago when her problems were diagnosed as a malignant brain tumor.

She reports that now, 21 years later, she is 'doing great!'

Kenneth Edward Titus — Brain tumor

Kenneth Edward Titus had problems with repeated falls. In June 1982, he went to his Kaiser doctor who, among other tests, carried out a needle biopsy on his brain. This produced a diagnosis of astrocytoma (brain cancer), very bad news indeed, which was given to the patient on his birthday, June 25th. Edward consulted two other doctors for their "second opinions," but the diagnosis and the prognosis were the same: he would be dead by Christmas.

Surgery was offered as a treatment option. However, Edward had a friend who some six months earlier had submitted to surgery for a brain tumor. He had emerged from the surgery reduced to the status of a vegetable, and had died shortly before Edward was given his diagnosis. With this experience fresh in his mind, he refused surgery. He didn't tell anybody what the problem was, and told his family that he had had a myelogram. When he continued to have episodes of falling, it was assumed that he was drunk.

By the end of September 1982, Edward's family found out what his problem was, and his brother and sister started to investigate alternative therapies, including the Burton treatment and the Gerson Therapy. Edward chose the Gerson Therapy, because he hated the thought of so many needles (as used by Burton). He arrived at the Mexican Gerson Hospital on October 1, 1982 to start treatment. He was not at all sure about the Gerson Therapy, and suspected that it was quackery. So, after being evaluated at the Gerson Therapy hospital, he left to go back to his business. At any rate, he felt that he "couldn't spare the time" to take any treatment!

However, in early December, he was back at the Gerson Hospital. By then he was extremely weak, unable to walk, and blind. He remembers that he went two days on the Therapy without taking any enemas, being simply embarrassed to admit that he was unable to take them. By that time he was "like a zombie," being highly toxic. Edward was convinced that he was going to die — but wanted to die away from his family, at the Mexican hospital. Yet after about three weeks at the Gerson Hospital, before it was time to leave, he was able to run up and down stairs. On Christmas Day his brother came to visit and was "shocked" at the tremendous change in Edward. By then his eyesight had also returned.

When he got home, he still spent a lot of time resting in bed, and his brother and sister took complete care of him, besides working at their own full-time jobs. In time, he got well; his eyesight reverted to the stage where he was able to use the same eyeglass prescription as he had done at age 17. He now feels in "perfect health." But when he went back to the Kaiser hospital, he found that they had "lost" his records, as had the other two doctors to whom he went for second opinions. Inexplicably, they "knew nothing about him," and had no records!

Titus now has a winter home in Puerto Vallarta, and spends the summer months in Oregon. He says that he remembers relatively little about his whole extraordinary experience, it is totally “behind him.” In his book, *A Cancer Therapy*, Dr. Gerson repeatedly states that when a patient “forgets” about his cancer experience, when his fear and panic are gone, he is really cured. It has now been more than 20 years since Edward was given six months to live, and he is healthy and alive today!

David Nelson — Brain tumor

On January 19, 1986, David Nelson, in his mid-30's, was admitted to a hospital for what appeared to be a *grand mal* seizure (epilepsy). A few months before that he had been treated for chest and abdominal pains, and also for obesity and stress headaches. This time the doctors thought that David had a cyst on his brain, which only needed draining. But when they opened up his head, they found an astrocytoma, a tumor the size of a large lemon, with “crabgrass” roots growing throughout his brain. They were able to remove roughly half of the mass, but couldn't get rid of the spreading roots. The operation took place on a Sunday. David couldn't remember anything until he woke up on Thursday morning, when the doctors appeared and told him that he had about two months to a year to live.

Next, David underwent radiation treatment over a period of six weeks, which didn't bring any improvement. Meanwhile his father Bill found Dr. Gerson's book, *A Cancer Therapy: Results of 50 Cases*, in a health food store; the case histories of recovered patients impressed him greatly. As a result, in April 1986 David arrived at the Gerson Hospital in Mexico, to start on the intensive therapy.

His first scan after embarking on the therapy didn't show any reduction in the size of his tumor, compared to a scan made after the surgery. But a year and three months after David started on the Gerson program, the radiologist who carried out an MRI brain scan by Oakland Magnetic Imaging Services in July 1987, reported that the mass “has considerably decreased since the previous scan in February 1986. No new areas of abnormal signal intensity are seen.”

This result was greatly encouraging, but David still had a long way to go. In fact, he returned to the Gerson Hospital every six months

for a refresher, to discuss his progress with the doctors and have blood tests. By 1989 his strength had returned, he had plenty of energy and was confident about the future. A scan taken that year, in April, showed only a very small “irregular” area where the tumor had been, and that was presumably scar tissue left by the original operation.

David’s survival after a hopeless prognosis and his return to robust health on the Gerson Therapy was an extraordinary achievement. Unfortunately, his story did not have a happy ending. After enjoying some seven years of excellent health, he decided to build a new house for his family. In doing so he came into contact with a large amount of various toxic chemicals; also, he neglected the “maintenance program” which recovered Gerson patients — especially formerly “hopeless” cases — are advised to stick to. In 1996 he suffered a recurrence, and within a year, passed away.

George C. Sample — Brain tumor

This case is described in Dr. Max Gerson’s book, *A Cancer Therapy: Results of 50 Cases*, (Case No. 6, p. 277, Sixth Edition, 1999).

George was 47 years of age in July 1953 when first seen by Dr. Gerson. He had been admitted and diagnosed at Queens (New York) General Hospital after complaining of severe headaches and continued loss of vision, worsening during the past six weeks. The vision loss had started some 4 to 5 years earlier; and he was known to have syphilis since age 21, receiving treatment. Nevertheless, at the time of his admission, his Wasserman test showed 4 plus, the highest positive rating for syphilis.

By the time he consulted Dr. Gerson, the patient was almost blind, had continuous deep headaches and dizziness. His equilibrium was disturbed and when he tried to walk he staggered and was unsteady. His tumor was located in the pituitary gland at the base of the brain, in the very center of the head.

After starting the Gerson Therapy, his headaches decreased, but he was suffering from twitching in the right side of his face, some-times severe and painful. By the end of September 1953, George was free of pain, of headaches and dizziness and his gait was free and sure. The right side of his face became normal after two weeks and remained normal. In December 1953, he went back to work. His vision was

considerably better than it had been in a long time. His right eye was normal while it had been almost blind.

Surprisingly, his Wasserman test became negative without any specific anti-syphilitic medication or treatment. The Gerson Therapy had strengthened his immune system sufficiently that his body was able to overcome the syphilis of many years.

George discontinued his Gerson Therapy at Christmas 1956.

Many years later, in the mid-nineties, his wife visited the Gerson Therapy hospital in Mexico. At that time, she confirmed that George had been well and working for a number of years; however at one point he started to smoke. Not long after that, his headaches recurred, his vision weakened again, and eventually he died.

Jessica Kahn — Seizures

While Jessica did not suffer from a malignant disease, we felt it was important to document her recovery from seizures. Here is Jessica's story, told in her own words.

“When I was sixteen years old, I began to have grand mal seizures. At first they occurred once every three to four months, but my condition soon deteriorated. Eventually, I was having two or three seizures at a time, practically every week. Of course I was devastated and depressed, but that is another story. My father has had a mild seizure disorder for the past twenty years, and so I felt that my seizures were inherited and here to stay.

“I went to specialists, took EEGs, but none of the doctors could figure out what was wrong. None of them could offer me anything more than anti-convulsive drugs. Not wanting to go down the orthodox road, my family and I searched and experimented with several alternative treatments. All of them having failed, we decided to try the Gerson program because we had seen it work miracles with friends of ours who had once had cancer.

“In 1993, I went completely on the program for eleven months; I was able to adjust my school day and my lifestyle, and I did all the juices and coffee enemas, etc. Although my mother spoke to Charlotte Gerson on the phone a couple of times, we did the program ‘by the book.’ During my eleven months on the Gerson program, I had only

three seizures (that probably coincided with healing crises, such as the one I had after six weeks).

“It has now been over four years (in 1998) since I stopped the treatment and I have not had any more seizures.”

Kidney Cancer

Sister M. Moranda — Kidney cancer

[This case was first described in Dr. Gerson's book, A Cancer Therapy: Results of 50 Cases; Sixth Edition, 1999.]

Sister Moranda lived in a Catholic convent. In 1942, she experienced abdominal pain. Various examinations produced no diagnosis. When her abdomen showed swelling, she was told she was too fat. In early 1945, she experienced severe pain in her right arm. No diagnosis was made in spite of x-rays and many tests. Finally, an exploratory surgery was performed in February of 1945, and a 23 lb. tumor was removed, together with the right kidney, which it engulfed. The tumor measured 45 cm. Diagnosis on biopsy: round and spindle-cell sarcoma, widely spread, also into lymph nodes.

In 1946, deep X-ray treatments were started; but Sister Moranda was told that tumors would come back. In July 1947, she started on 42 additional deep X-ray treatments that caused vomiting, dizziness, secondary anemia, weakness, and loss of weight. She received a total of 60 deep X-ray treatments. She could stand no more and refused additional radiation. She had a distended abdomen and a new tumor mass in the abdomen just below the surgery scar. Her left leg was severely swollen, had a circumference of 25 inches at the thigh, and she could hardly bend or move it. She also suffered from severe constipation.

Sister Moranda was 44 years old in 1947 when first seen by Dr. Gerson. She started the Gerson treatment as an outpatient in October 1947. By September '48, she felt much better, stronger, even though she worked throughout her treatment at the convent. No tumor could be felt and her leg was normal in circumference and motility.

By May of 1949, she had recovered to the point where she stated that “Nothing can grow in my body again.” In June 1954, she was rechecked by doctors in Wedron, IL, as well as by the convent doctors. All examinations were negative.

Sister Moranda was last seen in 1984, aged 80. Still teaching art, she was normally active and generally in much better health than that of her contemporaries. She passed away at age 82.

Josefine Petith — Kidney cancer

In 1983, while traveling, 51-year-old Josefine, a German citizen, was unable to urinate. She was taken to the emergency clinic in Konstanz where her urine was drained by using a catheter. The attending physician did an X-ray as well as an ultra-sound examination. These tests showed a tumor on her left kidney that was blocking her urethra. Immediate surgery was suggested.

Josefine had the operation at the Universitaets Klinik in Frankfurt, Germany, in August 1983. The biopsy showed that the left kidney was cancerous, so it was removed. Following the surgery, she suffered from severe weakness to the extent that she was unable even to hold a cup of coffee in her hand. Her recovery was slow but complete.

Twelve years later, in 1995, while at her winter residence in Stuart, Florida, Josefine suffered from abdominal pain. On examination, the doctors found a tumor blocking her bile duct, which was causing her to be jaundiced. On further check, it was discovered that she had 16 tumors throughout her abdomen and liver. Her doctor gave Josefine a dismal prognosis, telling her husband that she had at most six months to live. When the surgeon tried to remove some tumors, they proved so extensive that their excision was impossible. All he could do was to install a bypass so that her bile could drain into the small intestine, thus relieving her of the jaundice.

For several years before this occurrence, Josefine as well as her husband were not only vegetarians, but ate mainly raw food. After receiving the grim news of her condition, they decided to try the Gerson Therapy. They arrived at the Gerson Clinic in Mexico during the winter of 1995. Josefine was bedfast when she arrived, but after a little more than a week she started to feel better. After she left the hospital, she continued the strict Gerson Therapy at home. Two years

later, she was reexamined by the same doctor who had given her at most six months of remaining life. He was amazed and, truly happy, hugged her and congratulated her for her regained health. Even her liver was healed.

Josefine and her husband continued to eat mostly vegetarian foods. However, the propaganda of the supposed benefits of soybean products caused them to start including considerable amounts of soy in their diet. Aside from that, Josefine also took some pastries, meat, and other foods not on the Gerson Therapy. Despite this, she remained in good health for some four years. Then, in November of 2001, while vacationing on Tenerife, she noticed that her skirt was getting very tight around her middle. Not believing that she could have gained weight so rapidly, on her return home to Germany she had a medical examination. The doctor in Bad Homburg discovered that she had many new tumors in her abdomen; among them were a pancreas malignancy, a “large mass” in her liver and an enlarged ‘tumorous’ right kidney (her remaining one).

In January 2002, she came back to Mexico for a return to the Gerson Therapy. Unfortunately, this time the treatment came too late. We were informed of her passing in August of 2002.

David Saracoff — Kidney cancer

In October of 1990, in his 58th year, David was diagnosed with kidney cancer that had spread to both kidneys. He had originally gone to his urologist because an enlarged prostate was causing some problems with urination. While being initially treated for this condition, he was also given an I.V.P. (Intravenous Pyelogram) test for visualizing kidneys. This test revealed “a depression, like something was pressing on his kidney.” To check further, a CAT scan was done. Nothing showed outside of his kidneys. However multiple tumors were visible in both kidneys: five or six in the right kidney, and three in the left. A needle biopsy done on the largest tumor tested positive for a fast-moving malignancy.

The doctor told David that the tumors could not be removed because they were too close to the major blood supply to the kidneys. “This is the worst possible scenario I can imagine,” he said, and proposed a swift entire removal of both kidneys. This operation of

course would have required David to receive regular dialysis for the rest of his life. When David refused to undergo this surgery, another doctor sent him to UCLA to see about entering an experimental program using interferon. However, the UCLA oncologist wouldn't allow David to participate in this trial. There was a chance, he declared, that David's cancerous condition was "curable" if both his kidneys were removed.

At this point, David was sent back to his surgeon/urologist for the dual nephrectomy. When David asked about the possibility of receiving a kidney transplant, he was told that this would be impossible. The immunosuppressive drugs he would have to take to prevent his body from rejecting the donated kidney almost certainly would cause his cancer to recur. David was also informed that if he attempted to try some nutritional treatment first, which he was now considering doing, it probably would be too late to do surgery since the cancer doubtless would spread. Nevertheless, David again refused to have his kidneys removed.

Instead, in January of 1991, David came to the Gerson Therapy hospital in Mexico. After checking in, his first urinalysis, showed a slight amount of blood in his urine. None showed in any of his subsequent tests.

When returning home after some three weeks, David maintained the strict therapy for two years, and then continued on a less intensive treatment. Six years later, his regimen was reduced to four carrot juices and one green juice daily, and a coffee enema every other day. He still does the castor oil treatment every other month.

Since kidney cancer tends to spread to the lungs, some months ago David had lung X-rays taken; his lungs showed clear. He has blood tests and urinalyses done regularly. David reported that his doctor commented, "I never see blood tests this good, they are better than my own."

Surprisingly, tumors still show in David's kidneys when they are scanned. At the time of his diagnosis and biopsy, in 1990, these were described as fast-growing malignancies. But since the tumors remain unchanged and no other cancer has appeared in his body for the past 11 years, it is fairly safe to assume that the tumors are either calcified and virtually dead, or else encapsulated. If they were active, they would be growing and/or spreading.

Last report: October 2001. At that time, David Saracoff was close to his 69th birthday. He was currently in good health, had fair energy, his weight was steady, his appetite and sleep normal. He was pain-free. "I am fairly active," he said. "I bought a motor home and took a trip back East for seven weeks. And I also went camping."

Pat Cockfield — Kidney cancer

In October 1993, at 53 years of age, Pat's left kidney was removed and found to be malignant. This "nephrectomy" revealed that she was suffering from adenocarcinoma of the kidney. Furthermore, during the pre-operative investigation, an ultrasound scanning also revealed "what appeared to be secondaries in the liver — with an oval mass in the right lobe approximately 6 cm in the long diameter." After surgery, she was told that the cancer had spread to her liver, and was not offered any treatment. By February of 1994, she had deteriorated to such a point that she was bedridden, jaundiced and was just skin and bones. She was only given a prescription for morphine and told to go home and try to make the best of what little time she had left. Her son, Wayne, was called home from overseas service and her family was told, "No hope; it is only a matter of time."

Pat, herself, as a nurse, had taken care of cancer patients and chemotherapy and radiation "were not for me," she said.

Pat and her family live in Australia. In her desperate condition, it was impossible for her to travel to Mexico to start the Gerson Therapy there. So, her husband started her on the treatment at home, alone.

She struggled for eight months before she could see any improvement. However her husband, after having Pat on the full Gerson Therapy for two weeks "could see a slight improvement, which gave him hope and faith," wrote Pat. "He studied Dr. Gerson's book, *A Cancer Therapy*, endlessly to try and help me." After two months of intensive Therapy, her husband had to go back to work and Pat was on her own, struggling all day.

"During those months, I had a lot of pain and at times was vomiting for hours on end." In the area where Pat and her family lived, there was frequent aerial pesticide spraying, causing her additional toxicity. Pat reported further, "Many times I really don't know how I found the strength to fight to live. Some of my healing reactions were very severe but, so very slowly, my body turned

around and I began to heal. I passed so much putrid dead matter with my enemas, it was unreal. The last time this happened was at 16 months!”

Pat also wrote that the Gerson Support Group in Australia were invaluable in their encouragement and support.

By 1996, Pat was back at work, working four hours a day most days, living life to the fullest around her Therapy. She said that “now, at 56, I haven’t felt so well since my early 20s. I only have the Gerson Therapy to thank for saving my life.”

Pat specifically asked the Gerson Institute patient services group to emphasize to Gerson patients “To start the Therapy, you must have help.” She would have healed much faster if she had been able to come to the Mexican hospital and had a lot more rest. But she had no choice, she had no help, and could only try to succeed.

With her husband’s devoted help, she succeeded.

“**John H.**” — Kidney cancer – Success, then failure

[We are giving this patient a fictitious name. However we are telling his story because it exemplifies what happens when recovering patients disregard the need for total healing.]

John H. arrived at the Mexican Gerson treatment center, suffering from medically diagnosed kidney cancer. His doctor had not given him much hope of recovery with orthodox methods. He was in severe pain and on pain medication when he arrived. In only a very few days, the pain had disappeared and, to his great satisfaction, he was able to discontinue the pain medication. His appetite improved and his spirit and hopefulness returned. When he went home after three weeks, he continued the strict Therapy, which seemed to have been effective toward restoring his health.

Some three and a half months later, he returned to his original orthodox doctor for a check-up. When the doctor examined him, he was unable to find the cancer he had diagnosed in the patient’s kidney. He therefore told the patient that he was, for all practical purposes, “cancer free.” Understandably, the patient was delighted, and assumed that he was ‘cured.’ He further assumed that, under those circumstances, he no longer needed the strict Gerson Therapy

and abandoned it altogether — went back to his ‘regular’ diet which had probably caused his cancer in the first place!

Within three months, the tumor was back, along with the severe pain, that he had suffered some six months earlier. He returned to the Hospital in Mexico. This time, the pain did not disappear as rapidly; the situation had become more serious. Interrupting the Therapy is a dangerous action. This time he was discouraged, left the hospital and returned home — took chemotherapy and presumably died.

Frankly, we are rather unhappy when patients react so poorly to our educational efforts and dietary instructions in order to avoid life-threatening mistakes like this. In order to make sure that our cancer patients understand the need for a total recovery, at the Mexican hospital, they receive (FREE of charge) the Gerson Cancer Therapy book, the “Handbook,” and Gerson videotapes explaining the Gerson Therapy in extensive detail in order to avoid such mistakes. We try to have the patient understand the need for a total recovery — not just getting rid of the tumor. Even if they ‘postpone’ studying the book or viewing the videotapes we give lectures and make instructional visits. Yet, occasionally we see a similar disregard for the basic philosophy of the Gerson Therapy: the need for total healing.

When the body, with constant hourly support in the form of the fresh juices, with regular detoxifying of the liver, is able to attack and break down tumor tissue so that the mass disappears, that is NOT the ultimate healing. The body is not yet able to function on “the average American diet,” without the constant support of the best organic juices and foods and regular help with detoxification. The chemically treated, demineralized and toxic foods cannot help the body to maintain the healing that had already taken place.

One important warning: In most cases, if the patients make such mistakes and the cancer recurs, they usually react positively again and heal if the strict Gerson Therapy is resumed. However, we have also seen patients who have gone off the Therapy more than once, tried to get back to the treatment again and then again. They are usually NOT successful on the third try! This is just an observation over many years and we have no scientific reason to explain it.

Additional Reading



Healing the Gerson Way: Defeating Cancer and Other Chronic Diseases

by Charlotte Gerson and Beata Bishop

The best, most readable and useful Gerson Therapy book there is. Gerson and Bishop explain the rationale, science and method behind the Gerson Therapy, including 90 pages of recipes, guides to medication, case histories for cancer and many chronic illnesses. A must-have. **\$29.95**



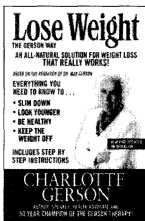
Healing Arthritis the Gerson Way

Healing Arthritis is a complete how-to guide to for repairing and reversing arthritic conditions using the well-known Gerson Therapy. Charlotte Gerson includes the latest medical research on arthritis and the most common forms of the disease. Case histories of patients who have healed themselves of various arthritis, bone and joint diseases will inspire and motivate you. Easy to follow,

instructions guide readers through the program ...

- How the Gerson Therapy helps to rebuild the immune system so that it stops and prevents arthritic conditions
- What equipment and foods are necessary for the Gerson Therapy
- Recipes and cooking techniques for preparing healthy foods and juices
- How to perform natural detoxification
- What patients can expect when doing the Therapy

\$19.95

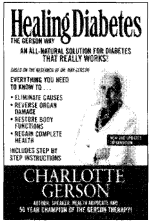


Lose Weight the Gerson Way

Lose weight easily, naturally and permanently using the proven and internationally known Gerson Therapy. In today's technologically advanced "better living through chemistry" world, you are constantly absorbing hazardous chemicals from the air, water, food and environment. Combining this toxic load with a diet of nutritionally deficient, genetically modified, pesticide laden, pre-

packaged foods high in sugar, salt, fat, preservatives, artificial flavors, dyes, and sweeteners, you are being programmed to give in to cravings and eat more food than you need. The standard scientific model of too many calories taken in and too few calories burned off is not the only factor in weight gain. In fact, recent research shows the chemicals and toxins you absorb interfere with the body's metabolism to favor retention, no matter how much you diet and exercise. Fortunately, now that you know the cause of the problem, you can solve it using the Gerson Therapy, an all-natural, nutrition building and detoxification program that will empower you to lose weight and keep it off for good!

\$19.95



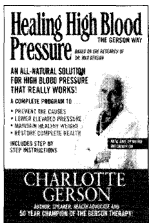
Healing Diabetes the Gerson Way

Healing Diabetes the Gerson Way provides a powerful program to reverse type 2 diabetes and return you to complete health. Healing Diabetes is an easy-to-follow, how-to guide for using the Gerson Therapy to overcome type 2 diabetes. The simple step-by-step instructions cover everything you need to know and guide you through each part of the program.

Here is some of what's included ...

- The latest in scientific research on the causes of type 2 diabetes
- Foods and equipment necessary to implement the Gerson Therapy
- 90 pages of Gerson-approved recipes for healthy foods and juices
- Complete instructions for performing the natural detoxification process
- Hints and tips to make the Therapy easier

\$19.95



Healing High Blood Pressure the Gerson Way

Based on the work of Dr. Max Gerson, the Gerson Therapy for high blood pressure will help you to open clogged arteries, lower elevated blood pressure, lose weight, reduce stress and return to complete health. It is commonly known that poor dietary and lifestyle choices lead to increased blood pressure. It also known high blood pressure can be eliminated by making the right choices and that is what this program is

all about. Gerson Therapy is an all-natural method of reversing high blood pressure that eliminates its causes and restores your body's natural defenses so it will repair damage already done. Easy to follow instructions guide you through every part of the program. Here is some of what's included ...

- How the Gerson Therapy works to rebuild the immune system
- What foods and equipment are necessary for the Gerson Therapy
- Techniques and recipes for preparing healthy foods and juices
- Complete instructions for performing the natural detoxification process
- What to expect when doing The Therapy

\$19.95

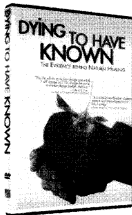
Gerson Movies



The Beautiful Truth

Follow Garrett on a cross-country trip to investigate the Gerson Therapy. He meets with cancer survivors who tell stories of triumph and healing by following the Gerson Therapy. Garrett interviews scientists, doctors and researchers, who reveal it is in the best interest of the medical industry to dismiss the notion of alternative and natural cures.

\$19.95



Dying To Have Known

Filmmaker Steve Kroschel presents patients, scientists, surgeons and nutritionists who discuss the Gerson Therapy's efficacy in reversing cancer and degenerative diseases and show scientific proof to back up their claims. Interviews include a Japanese medical professor who cured himself of liver cancer, a lymphoma patient diagnosed as terminal over 50 years ago, and more.

\$19.95



The Gerson Miracle

This film introduces Dr. Max Gerson who developed a remedy for cancer and most chronic diseases over 80 years ago. The Gerson Therapy employs a diet and detoxification regimen to rebuild the immune system and restore the body's ability to heal itself. Former patients talk about their recoveries and Dr. Gerson's daughter, Charlotte discusses the medical and pharmaceutical industries and why they fear an all-natural therapy that allows people to take control of their own health.

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The Gerson Movie Collection on Blu-ray

All three Gerson movies on one Blu-ray disc.

- The Beautiful Truth
- Dying to Have Known
- The Gerson Miracle

\$24.95

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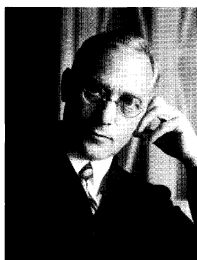
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Max Gerson, MD

(1881-1959)

Created in the 1920s by Dr. Max Gerson, the Gerson Therapy is the most effective all-natural solution ever created for restoring and maintaining good health.

Dr. Gerson's research led to a simple conclusion that cancer and most chronic diseases take hold in your body because of a compromised immune system that is damaged by...

Nutritional Deficiency Toxicity

Nutritional Deficiency – Results from eating nutritionally depleted, genetically engineered, pesticide-laden, salted, sugared, pre-made, pre-packaged, heat & eat, industrial foods, loaded with preservatives, dyes, artificial flavors and sweeteners that are devoid of the real nutrition your body needs.

Toxicity – Occurs from the “Better Living Through Chemistry” philosophy in our modern world, that justifies the dumping of hazardous chemicals, poisons and drugs into our air, food, water and environment.

After a lifetime of eating industrial foods and absorbing chemical toxins, your body's defenses become severely weakened and disease easily takes hold.

The Gerson Therapy is a powerful and proven program that reverses nutritional deficiency and toxicity by ...

- Flooding your body with the critical vitamins, minerals, nutrients and enzymes contained in fresh organic fruits and vegetables
- Cleansing your body with a powerful natural process that flushes toxins from the liver

As your immune system is rebuilt to full strength, it begins fighting your disease, repairing your body and restoring you to complete health.

For those who may doubt the power of nutrition and detoxification in restoring health, we ask that you temporarily set aside your disbelief, just for a moment (you can always go back and get it later), and let us show you the whole story, available on our website at www.gersonmedia.com

The Life You Save May Be Your Own!



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ISBN 978-1937920012



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